

AMERICAN RETIREMENT CORP

Form 11-K

June 27, 2003

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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

**FORM 11-K**

**ANNUAL REPORT**

**PURSUANT TO SECTION 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934**

[X] Annual Report Pursuant to Section 15(d) of the Securities Exchange Act of 1934

For the fiscal year ended December 31, 2002

Commission file number 01-13031

A. Full title of the plan and the address of the plan, if different from that of the issuer named below:

**American Retirement Corporation 401(k) Retirement Plan**

B. Name of issuer of the securities held pursuant to the plan and the address of its principal executive office:

American Retirement Corporation  
111 Westwood Place, Suite 200  
Brentwood, TN 37027

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**INDEPENDENT AUDITORS' REPORT**

The 401(k) Administrative Committee  
American Retirement Corporation  
401(k) Retirement Plan:

We have audited the accompanying statements of net assets available for benefits of the American Retirement Corporation 401(k) Retirement Plan (the Plan) as of December 31, 2002 and 2001, and the related statements of changes in net assets available for benefits for the years then ended. These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the net assets available for benefits of the Plan as of December 31, 2002 and 2001, and the changes in net assets available for benefits for the years then ended, in conformity with accounting principles generally accepted in the United States of America.

Our audits were performed for the purpose of forming an opinion on the basic financial statements taken as a whole. The supplemental schedule of assets held at end of year is presented for the purpose of additional analysis and is not a required part of the basic financial statements, but is supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. This supplemental schedule is the responsibility of the Plan's management. The supplemental schedule has been subjected to the auditing procedures applied in the audits of the basic financial statements and, in our opinion, is fairly stated in all material respects in relation to the basic financial statements taken as a whole.

/s/ KPMG LLP

Nashville, Tennessee  
June 6, 2003

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401(K) RETIREMENT PLAN**

## Statements of Net Assets Available for Benefits

December 31, 2002 and 2001

	<u>2002</u>	<u>2001</u>
Investments, at fair value:		
Cash equivalents:		
Zurich Money Market Fund	\$ 3,343,416	3,606,865
Mutual funds:		
Total Return Fund	902,535	825,397
U.S. Government Securities Fund	2,277,094	1,623,154
Global Discovery Fund	621,610	601,042
Dreman High Return Equity Fund	2,482,397	2,389,902
S&P 500 Stock Fund	1,153,917	1,191,809
Health Care Fund	986,178	1,027,417
Alger Mid-Cap Growth Retirement Fund	1,316,862	1,454,882
Janus Adviser Capital Appreciation Fund	1,294,858	1,293,425
Common Stock:		
American Retirement Corporation Common Stock	287,152	425,750
Participant loans receivable	304,483	252,665
	<u>14,970,502</u>	<u>14,692,308</u>
Receivables:		
Employer contribution	12,666	30,942
Participants contributions	80,797	182,052
	<u>93,463</u>	<u>212,994</u>
Cash		935
Total Assets	<u>15,063,965</u>	<u>14,906,237</u>
Excess employee contributions payable	(27,636)	(23,293)
Net assets available for benefits	<u>\$ 15,036,329</u>	<u>14,882,944</u>

See accompanying notes to financial statements.

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**AMERICAN RETIREMENT CORPORATION**  
**401(K) RETIREMENT PLAN**

Statements of Changes in Net Assets Available for Benefits

Years ended December 31, 2002 and 2001

	2002	2001
Additions to net assets attributed to:		
Investment income (loss):		
Interest and dividend income	\$ 221,834	189,263
Net depreciation in fair value of mutual funds	(2,104,763)	(917,961)
Net depreciation in fair value of common stock	(75,289)	(207,494)
Total investment loss	(1,958,218)	(936,192)
Contributions:		
Participant	3,409,151	2,463,302
Employer	565,129	548,333
Participant rollovers	310,124	244,788
Total contributions	4,284,404	3,256,423
Total additions	2,326,186	2,320,231
Deductions from net assets attributed to:		
Benefits paid to participants	2,137,498	1,384,629
Administrative expenses	35,303	
Net increase in net assets available for benefits	153,385	935,602
Net assets available for benefits:		
Beginning of year	14,882,944	13,947,342
End of year	\$ 15,036,329	14,882,944

See accompanying notes to financial statements.

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AMERICAN RETIREMENT CORPORATION 401(k) RETIREMENT PLAN

NOTES TO FINANCIAL STATEMENTS

DECEMBER 31, 2002 AND 2001

**(1) Description of Plan**

The following is a brief description of the American Retirement Corporation 401(k) Retirement Plan ( the Plan ). Participants should refer to the Plan agreement for a more complete description of the Plan s provisions.

**(a) General**

The Plan is a defined contribution plan, sponsored by American Retirement Corporation ( Company or Employer ) subject to the provisions of the Employee Retirement Income Security Act of 1974 (ERISA).

**(b) Eligibility**

Employees of the Company are eligible to participate in the Plan if they meet the following criteria:

- (1) Are a permanent employee of the Company;
- (2) Are employed for six consecutive months; and
- (3) Have attained 21 years of age.

**(c) Contributions**

Participants may contribute up to 20% of their pre-tax annual compensation to the Plan, not to exceed the Internal Revenue Service (IRS) maximum of \$11,000. Contributions are made through payroll deductions on a pre-tax basis. Participants may also make after-tax contributions to the Plan in any amount. Rollover and transfer contributions are permitted. Participants may change their contribution elections quarterly on the first business day of the first, fourth, seventh, or tenth months of the Plan s fiscal year. If an employee elects to terminate contributions, payroll withholdings may not be reinstated until the first business day of the Plan s next fiscal quarter.

Employer matching contributions are made monthly, up to 2% of the participant s monthly compensation. In addition, discretionary Employer contributions are made quarterly up to 2% of the participant s quarterly compensation. Any discretionary Employer contribution funded in an amount exceeding 2% of participant s compensation shall be allocated based on proportionate elective deferrals of each participant. The Employer may also contribute an additional amount determined in its sole judgment. This additional contribution, if any, is allocated to only non-highly compensated participants, in proportion to each participant s compensation as a ratio of all participant s compensation. Prior to May 1, 2001, employer contributions were only discretionary. See note 4.



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Terminating participants forfeit all non-vested Employer contributions. If the employee is subsequently rehired within five years of the termination and repays the withdrawn amount to the Plan within five years of re-employment, the forfeitures will be restored to the participant's account.

Forfeitures of terminated participant's nonvested balances are credited to the Company and used to offset Employer contributions.

**(e) Stock Contributions**

During the year ended December 31, 2001, a portion of the Employer contributions were funded in 81,788 shares of Company stock. No stock was contributed in 2002. Stock contributions were allocated to participants based upon the proportionate elective deferrals of each participant. At December 31, 2002, the Company's closing stock price was \$1.95, reflecting depreciation in the Plan's investment of \$75,289.

**(f) Participant Accounts**

Each participant's account is credited with the participant's contributions and allocations of (a) Employer contributions and (b) Plan earnings or losses. Allocations are based on participant earnings or account balances, as defined in the Plan Agreement. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.

**(g) Vesting**

Participants are immediately vested in their contributions, rollovers and transfer contributions plus or minus any earnings or losses thereon. Participants become vested in, and have a nonforfeitable right to, their Employer contributions in accordance with the following vesting schedule:

Years of service	Percent Vested
1	20%
2	40
3	60
4	80
5	100

Notwithstanding the foregoing, a participant shall be 100% vested in, and have a nonforfeitable right to the Employer contributions upon death, permanent disability, the attainment of early or normal retirement age, or upon termination of the Plan. Normal retirement age, for all purposes of the Plan, is the participant's 65th birthday.

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**(h) Participant Loans**

Participants are eligible to obtain loans of up to 50% of their vested account balances. Interest on such loans is prime plus 200 basis points. Loan transactions are treated as a transfer to (from) the investment options from (to) the Participant Loan Fund. Repayments are made via payroll deductions for a period not to exceed five years.

**(i) Payment of Benefits**

Distributions from the Plan are payable upon retirement, death, disability or termination. Participants are eligible to receive hardship withdrawals which meet certain IRS regulations. Upon receiving a hardship withdrawal, a participant's contributions to the Plan will automatically be suspended for a period of twelve months. Effective September 1, 2001, participants receive benefits in a lump-sum payment. Prior to September 1, 2001, participants could elect to receive benefits in a lump-sum payment or installment payments.

Terminating participants having a vested account balance of \$3,500 or more may defer the payment of the benefits until April 1 of the calendar year following the calendar year during which they attain age 70 1/2.

**(j) Plan Termination**

Although they have expressed no intent to do so, the Board of Directors of American Retirement Corporation has the right to terminate the Plan or completely discontinue contributions under the Plan at any time.

**(k) Administrative**

During 2001, the 401(k) Administrative Committee voted to change the trustee of the Plan from SunTrust Bank to Zurich Scudder Investments ( Trustees ). This change became effective May 1, 2001.

Beginning in April 2002, 50% of costs associated with administering the Plan were paid by the Plan and 50% were paid by the Company. During 2002, the Plan paid \$35,303 in administrative costs. Prior to April 2002, all costs associated with administering the Plan were paid by the Company.

**(2) Summary of Significant Accounting Policies**

**(a) Basis of Presentation**

The accompanying financial statements of the Plan have been prepared on the accrual method of accounting.

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**(b) *Investment Valuation and Income Recognition***

The investments in mutual funds are carried at fair value based upon the closing market quotations of the underlying securities in the funds. The investment in the Company's common stock is carried at fair value based upon the closing market quotation of the stock. The participant loans receivable are reported at cost which approximates fair value as reported to the Plan by the Trustees. Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis.

**(c) *Payment of Benefits***

Benefits are recorded when paid.

**(d) *Federal Income Tax Status***

The Plan was established under a prototype standardized profit sharing plan with a CODA (Cash or Deferred Arrangement) that has received a tax determination letter from the Internal Revenue Service indicating that the prototype Plan is qualified under the provisions of Section 401 of the Internal Revenue Code. To date, the Employer has not requested a separate determination letter. The 401(k) Administrative Committee believes that the Plan is currently being operated in compliance with the requirements of the Internal Revenue Code.

**(e) *Use of Estimates***

The Plan Administrator has made certain estimates and assumptions relating to the reporting of assets and liabilities and the disclosure of contingent assets and liabilities to prepare these financial statements in conformity with accounting principles generally accepted in the United States of America. Actual results could differ from those estimates.

**(3) *Investments***

Under the terms of the Trust Agreement dated May 1, 2001 between Zurich Scudder Investments ( Scudder ) and the Company, Scudder manages several trust funds on behalf of the Plan. Prior to May 1, 2001, SunTrust Bank served as Trustee of the Plan. All investments of the Plan are held by the Trustees, which has been granted authority concerning purchases and sales of assets in the trust funds.

Contributions to the Plan are invested, according to the participants' elections, in 5% increments in the following funds: ***Through May 1, 2001:*** Putnam Investors Fund, Classic Balanced Fund, Classic Capital Growth Fund, Classic Mid-Cap Equity Fund, Employee Benefit Stable Asset Fund, Small Cap Growth Stock Fund, Classic Value Income Stock Fund, and Vanguard 500 Index Fund, and the Company's common stock. ***Subsequent to May 1, 2001:*** Total Return Fund, Zurich Money Market Fund, U.S. Government Securities Fund, Global Discovery Fund, Dreman High Return Equity Fund, S&P 500 Stock Fund,

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Health Care Fund, Alger Mid-Cap Growth Retirement Fund, Janus Adviser Capital Appreciation Fund, and the Company's common stock.

Fair value of investments that represent 5% or more of the Plan's net assets available for benefits at December 31, 2002 and 2001 are as follows:

Description	2002	2001
Total Return Fund	\$ 902,535	825,397
U.S. Government Securities Fund	2,277,094	1,623,154
Dreman High Return Equity Fund	2,482,397	2,389,902
S&P 500 Stock Fund	1,153,917	1,191,809
Health Care Fund	986,178	1,027,417
Alger Mid-Cap Growth Retirement Fund	1,316,862	1,454,882
Janus Adviser Capital Appreciation Fund	1,294,858	1,293,425
Zurich Money Market Fund	3,343,416	3,606,865

**(4) Plan Amendments**

Effective May 1, 2001, Plan provisions related to employer contributions were amended to require employer contributions of 1% of participant contributions, up to 2% of the participants monthly compensation. Prior to May 1, 2001, all employer contributions were discretionary.

In addition, effective September 1, 2001, the Plan was amended to (1) eliminate the participants' option to receive distributions in monthly installments, (2) increase the minimum eligibility age from 18 to 21, and (3) increase the in-service eligibility requirement from 3 consecutive months of employment to 6 consecutive months.

**(5) Risks and Uncertainties**

The Plan provides for investment options in mutual funds that are comprised of various short-term investments, government obligations, and common stocks. Investment securities, in general, are exposed to various risks, such as interest rate, credit, and overall market volatility risks. Due to the level of risk associated with certain investment securities, it is reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect the amounts reported in the statements of net assets available for benefits.

**Table of Contents****AMERICAN RETIREMENT CORPORATION  
401(K) RETIREMENT PLAN**

## Schedule of Assets (Held at End of Year)

December 31, 2002

Party-in- Interest Identification	Identity of Issuer, Borrower, Lessor, or Similar Party	Description of Investment, Including Maturity Date, Rate of Interest, Collateral, and Par or Maturity Value	Current Value
*	Scudder	Total Return Fund 120,337.9636 units	\$ 902,535
*	Scudder	U.S. Government Securities Fund 258,173.9359 units	2,277,094
*	Scudder	Global Discovery Fund 33,728.1673 units	621,610
*	Scudder	Dreman High Return Equity Fund 83,921.4558 units	2,482,397
*	Scudder	S&P 500 Stock Fund 209,803.1445 units	1,153,917
*	Scudder	Health Care Fund 62,893.9856 units	986,178
*	Alger	Alger Mid-Cap Growth Retirement Fund 245,683.2570 units	1,316,862
*	Janus	Janus Adviser Capital Appreciation Fund 72,257.6898 units	1,294,858
*	Scudder	Zurich Money Market Fund 3,343,416.6200 units	3,343,416
*	American Retirement Corporation Participants	American Retirement Corporation, Common Stock 147,755 shares	287,152
*		Participant loans receivable, at variable rates, due at various dates through December 31, 2007	304,483
		Total	<u>\$ 14,970,502</u>

\* Denotes a party-in-interest to the Plan

See accompanying independent auditors' report.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the 401(k) Administrative Committee has duly caused this annual report to be signed on its behalf by the undersigned hereunto duly authorized.

American Retirement Corporation  
401(k) Retirement Plan

Date: June 27, 2003

By: /s/ Terry Frisby

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Terry Frisby  
Chairman of the American  
Retirement Corporation 401(k)  
Administrative Committee

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**EXHIBIT INDEX**

<b>Exhibit Number</b>	<b>Description</b>
23	Accountants Consent
99.1	Certification of W.E. Sheriff Pursuant to 18 U.S.C. Section 1350, as Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.
99.2	Certification of Bryan Richardson Pursuant to 18 U.S.C. Section 1350, as Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.