PRINCIPAL FINANCIAL GROUP INC Form 424B2 March 05, 2007

Pricing Supplement	3/5/2007	Filed pursuant to x Rule 424(b)(2)	o Rule 424(b)(5)
Dated			
(To Prospectus dated February 16, 2006, and		Registration Statement Nos.	333-129763 and
Prospectus Supplement dated February 16, 2006)			333-129763-01

CUSIP: 74254PQS4

Principal Life Insurance Company

Principal[®] Life CoreNotes[®] (Callable) (That are also Asset-Backed Securities) Issued Through and Obligations of Principal Life Income Fundings Trust 2007-21 (the Trust and Issuing Entity)

The description of this pricing supplement of the particular terms of the Principal[®] Life CoreNotes[®] offered hereby, and the Funding Agreement (specified below) issued by Principal Life Insurance Company (Principal Life) to the Trust, the payment obligations of which are fully and unconditionally guaranteed by the Guarantee (specified below) issued by Principal Financial Group, Inc. to the Trust, supplements the description of the general terms and provisions of the notes, the funding agreements and the guarantees set forth in the accompanying prospectus and prospectus supplement, to which reference is hereby made.

1. The Notes

Principal Amount:		TBD	Purchasing Agent Discount:	1.000%
Issue Price:	10	0.0%	Original Issue Date:	3/14/2007
Net Proceeds to the Trust:		TBD	Stated Maturity Date:	3/15/2012
Interest Payment Dates:	The 15th day	of every sixth	n month commencing on 09/15/2007	
Initial Interest Payment Date:	al Interest Payment Date: 9/15/2007			
Regular Record Date:	15 calendar days prior to the Interest Payment Date			
Type of Interest Rate:	x Fixed Rate	o Floating R	ate	
Interest Rate:	5.00%			
Discount Note:	o Yes	x No		
Terms of Survivor s Option: Annual Put Limitation:		x \$2,000,000 o \$	or_%	
Individual Put Limitation:		x \$250,000; o \$		
Trust Put Limitation:		x 2%; or \$	-	

Redemption Provisions:	x Yes	o No.	If, Yes,
Initial Redemption Date: Redemption:		nly and not in	
Additional Other Terms:	Any redempt	whole or in part ion date will be a al Redemption D	n Interest Payment Date falling on or ate
Repayment:	o Yes	x No	
Authorized Denominations:	\$1,000		
Principal [®] is a registered	service mark o	f Principal Finan	ncial Services. Inc. and is used under lic

Principal[®] *is a registered service mark of Principal Financial Services, Inc. and is used under license. CoreNotes*[®] *is a registered service mark of Merrill Lynch & Co.*

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Ratings:

The Notes issued under the Program are rated AA by Standard & Poor s (S&P). Principal Life expects the Notes to be rated Aa2 by Moody s Investors Service, Inc. (Moody s).

Purchasing Agent(s) Purchasing Notes as x Yes o No. If, Yes, Principal:

Purchasing Agent(s)			Principal Amount
Merrill Lynch			TBD
Total:			TBD
State of Organization of the Trust:	New York		
Additional/Other Terms:	None		
2. <u>The Funding Agreement</u>			
Funding Agreement Issuer:	Principal Life	Insurance Company	
Funding Agreement No.:	5-19448		
Deposit:	TBD		
Net Deposit:	TBD		
Effective Date:	3/14/2007		
Stated Maturity Date:	3/15/2012		
Interest Payment Dates:	The 15th day of	of every sixth month commencing	on 09/15/2007
Initial Interest Payment Date:	9/15/2007		
Type of Interest Rate:	x Fixed Rate	o Floating Rate	
Interest Rate:	5.00%		
Discount Funding Agreement:	o Yes	x No	

Terms of Survivor s Option:					
Annual Put Limitation:			x \$2,000,000 or 2%; or		
			o \$0r_%		
Individual Put Limitation:		x \$250,000;			
		o \$	_		
Trust Put Limitation:		x 2%; or			
		\$			
Redemption:	x Yes	o No.	If, Yes,		
Initial Redemption Date:	3/15/2008	0110.	11, 103,		
Redemption:		ly and not in n	art		
Redemption.		le only and not in part e in whole or in part			
Additional Other Terms:	•	·	an Interest Payment Date falling on or		
Additional Other Terms.	• •	al Redemption	· · ·		
	unter the finite		Dute		
Repayment:	o Yes	x No			
1 5					
Ratings:					
The Funding Agreement issue	ed under the Pr	ogram is rated .	AA by S&P.		
Principal Life expects the Fun	nding Agreeme	ent to be rated A	.a2 by Moody s.		
Additional/Other Terms:	None				
3. <u>The Guarantee</u>					
Guarantee Issuer:	Dringing	l Financial Grou	in Inc		
Guarantee Issuel.	Filicipal	I Fillancial Gio	ip, me.		
Effective Date:	3/14/200)7			
Effective Date.	5/14/200	, ,			
Additional/Other Terms: None					
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