BCB BANCORP INC

Form 4 April 17, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

0.5

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

BCB BANCORP INC [BCBP]

Symbol

burden hours per response...

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

COLLINS JAMES EDWARD

(Last)	(First) (Middle) 3. Da	te of Earliest Transaction	•			
104-110 AVENUE C			th/Day/Year) 7/2008	X Director 10% OwnerX Officer (give title Other (specify below) Senior Lending Officer			
	(Street)		Amendment, Date Original (Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
BAYONNE	c, NJ 07002			Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities A	quired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Code (D)	Securities Form: Direct Indirect Beneficially (D) or Beneficial Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported Transaction(s) (Instr. 3 and 4)			
Common Stock	04/17/2008		M 5,500 A \$ 5.29	56,879 D			
Common Stock				68,799 I By IRA			
Common Stock				851 I By Spouse			
Common Stock				520 I By Daughter			
Common Stock				520 I By Son			

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 $\begin{array}{c} \text{Common} \\ \text{Stock} \end{array} \hspace{0.5in} 2{,}401 \hspace{1.5in} \text{I} \hspace{0.5in} \begin{array}{c} \text{By} \\ \text{Daughter} \end{array}$

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Transaction Derivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options	\$ 5.29	04/17/2008		M		5,500	07/08/2002	07/08/2012	Common Stock	5,500
Stock Options	\$ 9.34						08/13/2003	08/13/2013	Common Stock	15,701
Stock Options	\$ 11.84						08/12/2004	08/12/2014	Common Stock	11,406

Reporting Owners

Reporting Owner Name / Address	Relationships

Director 10% Owner Officer Other

COLLINS JAMES EDWARD

104-110 AVENUE C X Senior Lending Officer

BAYONNE, NJ 07002

Signatures

/s/ Alan Schick, pursuant to power of attorney 04/17/2008

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.