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Form 4 February 20,											
FORN									OMB AF	PROVAL	
	UNITED S	STATES S		ITIES A hington,			NGE C	OMMISSION	OMB Number:	3235-0287	
Check the				Bro,	210120				Expires:	January 31	
if no longer subject to Section 16. Form 4 or Form 5 Filed pursuant to S				SECUR	ITIES				Estimated average burden hours per response 0.5		
obligation may cont <i>See</i> Instru 1(b).	tinue. Section 17(a			ility Hold vestment	•	· ·		1935 or Section 0	1		
(Print or Type I	Responses)										
1. Name and A Slocum Mic	Address of Reporting F chael	S	ymbol	Name and				5. Relationship of Issuer	Reporting Pers	on(s) to	
			CAPITAL ONE FINANCIAL CORP [COF]					(Check all applicable)			
(Last) (First) (Middle) 3. Date of (Month/E) 1680 CAPITAL ONE DRIVE 02/15/2								Director 10% Owner X_ Officer (give title Other (specify below) below) President, Commercial Banking			
				ndment, Date Original th/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
(City)		Zip)	Tabl	I Nor D		C	•••••••	Person	Dan official	ha Orana d	
1.Title of Security (Instr. 3)		2. Transaction Date 2A. Deemed			4. Securit on(A) or Di (Instr. 3,	ties Ad sposed 4 and (A)	cquired d of (D)	uired, Disposed of 5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of	
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	02/15/2019			М	3,228	А	\$ 0 <u>(1)</u>	72,663	D		
Common Stock	02/15/2019			М	2,503	А	\$ 0 <u>(1)</u>	75,166	D		
Common Stock	02/15/2019			М	2,106	А	\$ 0 <u>(1)</u>	77,272	D		
Common Stock	02/15/2019			D	3,228	D	\$ 79.85 (1)	74,044	D		
Common Stock	02/15/2019			D	2,503	D	\$ 79.85	71,541	D		

					(1)		
Common Stock	02/15/2019	D	2,106	D	\$ 79.85 (1)	69,435	D
Common Stock	02/15/2019	F <u>(2)</u>	2,979	D	\$ 81.57	66,456	D
Common Stock	02/15/2019	F <u>(3)</u>	2,537	D	\$ 81.57	63,919	D
Common Stock	02/15/2019	F <u>(4)</u>	1,960	D	\$ 81.57	61,959	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
2016 Restricted Stock Units	\$ 0 <u>(1)</u>	02/15/2019		М	3,228	(5)	(5)	Common Stock	3,228	\$ (
2017 Restricted Stock Units	\$ 0 <u>(1)</u>	02/15/2019		М	2,503	(6)	(6)	Common Stock	2,503	\$ (
2018 Restricted Stock Units	\$ 0 <u>(1)</u>	02/15/2019		М	2,106	(7)	<u>(7)</u>	Common Stock	2,106	\$ (

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Slocum Michael 1680 CAPITAL ONE DRIVE MCLEAN, VA 22102			President, Commercial Banking					
Signatures								
Cleo Belmonte (POA on file)	02/20/2019							

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On February 15, 2019, the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date.
- (2) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2016. This is authorized in the applicable restricted stock award agreement.
- (3) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 2, 2017. This is authorized in the applicable restricted stock award agreement.
- (4) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 1, 2018. This is authorized in the applicable restricted stock award agreement.
- (5) These restricted stock units vest in 1/3 increments beginning on February 15, 2017 and annually thereafter.
- (6) These restricted stock units vest in 1/3 increments beginning on February 15, 2018 and annually thereafter.
- (7) These restricted stock units vest in 1/3 increments beginning on February 15, 2019 and annually thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.