STROUD JAMES A

Form 4

Common

Common

Common

Stock

Stock

Stock

November	22, 2005										
FORM 4 UNITED STATES SECURITIES AND EVCHANCE COMMISSION									OMB APPROVAL		
Washington, D.C. 20549								OMB Numbe			
Check this box if no longer subject to Section 16. Section 16. STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES SECURITIES SECURITIES Lanuary 31 2005 Estimated average burden hours per									ted average hours per		
(Print or Type	e Responses)										
STROUD JAMES A Syn				ΓAL SEN	nd Ticker or			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
CORPOR	(First) SENIOR LIVING ATION, 14160 D. Y, SUITE 300	G (/Day/Year)	Transaction			_X_ Director _X_ Officer (g below)		·)	
			Amendment, Date Original d(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
DALLAS,	TX 75254							Form filed b			
(City)	(State)	(Zip)	Tal	ble I - Non	-Derivative	Secur	ities Ac	quired, Disposed	l of, or Benef	icially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Deany (Month/Day/	ate, if	3. Transactic Code (Instr. 8)	4. Securitie on(A) or Disp (Instr. 3, 4)	osed o	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	11/21/2005			S(1)	225,000	D	\$ 8.95	4,005,925	I	Autumnwood Ltd.	

As custodian

for son James A.

Stroud

Foundation

10

102,815

55,000

I

Ι

D

Edgar Filing: STROUD JAMES A - Form 4

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	isable and	7. Titl	e and	8. Price of	9
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration Da	ate	Amou	nt of	Derivative	J
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	,
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)]
	Derivative				Securities			(Instr.	3 and 4)		(
	Security				Acquired						J
					(A) or]
					Disposed						-
					of (D)						(
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration	m	or		
						Exercisable Date	Title Number				
				~					of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Kelationships					
	Director	10% Owner	Officer	Other		

STROUD JAMES A CAPITAL SENIOR LIVING CORPORATION 14160 DALLAS PARKWAY, SUITE 300 DALLAS, TX 75254

X X Chairman and Secretary

Deletionships

Signatures

/s/ James A. Stroud 11/21/2005

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 20, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2