

BEST ROBERT O
Form 4
February 26, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
BEST ROBERT O

(Last) (First) (Middle)

2. Issuer Name **and** Ticker or Trading
Symbol
Unum Group [UNM]

3. Date of Earliest Transaction
(Month/Day/Year)
02/24/2009

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
☒ Officer (give title below) ____ Other (specify
below)

EVP, COO, Unum US

(Street)

4. If Amendment, Date Original
Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check
Applicable Line)
☒ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/24/2009		F	(A) or (D) Amount 2,487 (1) D Price \$ 10.59	146,767 (2)	D	
Common Stock	02/24/2009		A	56,052 (3) A \$ 11.37	202,819 (4)	D	
Common					3,902	I	401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
required to respond unless the form
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SEC 1474
(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
Employee Stock Option (right to buy)	\$ 0 ⁽⁵⁾	02/24/2009		A	47,739 ⁽⁶⁾	⁽⁷⁾ 02/24/2017 ⁽⁸⁾	Common Stock 47,739

Reporting Owners

Reporting Owner Name / Address	Relationships
BEST ROBERT O	Director 10% Owner Officer Other
	EVP, COO, Unum US

Signatures

Parrott, Christopher, A., Attorney in fact
 02/25/2009
 **Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All are restricted stock units withheld to pay taxes on vesting of 8,427 restricted stock units.
- (2) Includes 16,858 restricted stock units, 25,757 shares of restricted stock, 4,678 shares in the company ESPP, and 99,281 shares held outside any plan.
- (3) All are restricted stock units.
- (4) Includes 72,910 restricted stock units, 25,757 shares of restricted stock, 4,678 shares in the company ESPP, and 99,281 shares held outside any plan.
- (5) Conversion is one for one.
- (6) All are stock options on the common stock of the company.
- (7) 1/3 may be exercised beginning on each of the following dates: 2/24/2010, 2/24/2011, and 2/24/2012.
- (8) Expires 2/24/2017

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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