Edgar Filing: MEDIA GENERAL INC - Form 4

MEDIA GI Form 4	ENERAL INC									
August 31, FORM						OMB A	PPROVAL			
	UNITED	STATES SE	S SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549				3235-0287			
Check t if no lo subject Section Form 4 Form 5 obligati may co <i>See</i> Inst 1(b).	nger to 16. or Filed put tons ntinue.	Washington, D.C. 20549 Number: 5250-0 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Expires: January Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Estimated average burden hours per response 30(h) of the Investment Company Act of 1940 Section 1940								
(Print or Type	e Responses)									
1. Name and Address of Reporting Person <u>*</u> NABHAN LOU ANNE J			mbol	I Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer					
(Last) (First) (Middle) 333 EAST FRANKLIN ST			Date of Earliest Tr onth/Day/Year) /30/2006		(Check all applicable) <u></u> Director <u></u> 10% Owner <u></u> Officer (give title <u></u> 0ther (specify below) Vice President					
RICHMO	(Street) ND, VA 23219		If Amendment, Daed(Month/Day/Year	-	6. Individual or Jo Applicable Line) _X_ Form filed by 0 Form filed by N Person		erson			
(City)	(State)	(Zip)	Table I - Non-I	Derivative Securities A		f, or Beneficia	lly Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Dat any (Month/Day/Y	Code	4. Securities nAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price	SecuritiesHBeneficially(Owned(5. Ownership Form: Direct D) or Indirect I) Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Reminder: Re	eport on a separate line	e for each class (ficially owned directly o Persons who res information cont required to respo	or indirectly. spond to the collect ained in this form and unless the form atly valid OMB con	are not m	SEC 1474 (9-02)			

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	onNumber	Expiration Date	Underlying Securities	Derivative
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	Security

number.

Edgar Filing: MEDIA GENERAL INC - Form 4

(Instr. 3)	Price of Derivative Security	(Month/Day/Year) (Instr. 8)	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					(Instr. 5)
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (1)	\$ 0	08/30/2006	А	8	(2)	(2)	Class A Common Stock	8	\$ 0

Reporting Owners

Reporting Owner Name / Address				
1	Director	10% Owner	Officer	Other
NABHAN LOU ANNE J				
333 EAST FRANKLIN ST			Vice President	
RICHMOND, VA 23219				
Signatures				
/s/ Lou Anne J. Nabhan, by Ge	orge L. N	Iahoney,		
Attorney-in-fact				08/31/20

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Units acquired under Company deferred compensation plan, final balance of which is distributed upon employee's termination of service.
- (2) Upon retirement, employee has several options as to the timing and form of payout.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

3/31/2006 Date