Nester Paul W Form 4 October 09, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

3235-0287 Number: Expires:

January 31, 2005

0.5

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if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Nester Paul W		Symbo	uer Name and Ticker or Trading I RESOURCES INC [RGCO]	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (of Earliest Transaction	(Check all applicable)			
P.O. BOX		(Montl	/Day/Year) /2018	Director 10% Owner Other (specify			
				below) below) VP, Treasurer, Secretary & CFO			
	(Street)		nendment, Date Original Ionth/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
ROANOKI	E, VA 24030			Form filed by More than One Reporting Person			
(City)	(State)	(Zip) Ta	ble I - Non-Derivative Securities Ac	quired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code (Instr. 3, 4 and 5)	Beneficially Form: Direct Beneficial Owned (D) or Ownership Following Indirect (I) (Instr. 4) Reported (Instr. 4) Transaction(s) (Instr. 3 and 4)			
Common Stock	10/05/2018		M ₍₁₎ 1,000 A \$ 12.67	13,547.582 D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivat Securities Acquired (A) or Disposed (D) (Instr. 3, 4 and 5)	ve Expiration Da (Month/Day/ ^Y	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D	Date Exercisable	Expiration Date	Title	Amo or Num of Share	
Common Stock	\$ 12.673	10/05/2018		M	1,00	00 10/01/2013	04/01/2023	Common Stock	1,6	
Non-Qualified Stock Option (right to buy)	\$ 12.633					06/06/2014	- 12/06/2023	Common Stock	6,0	
Non-Qualified Stock Option (right to buy)	\$ 14.4					06/04/2015	12/04/2024	Common Stock	6,0	
Non-Qualified Stock Option (right to buy)	\$ 14.147					06/03/2016	5 12/03/2025	Common Stock	7,5	
Non-Qualified Stock Option (right to buy)	\$ 16.376					06/08/2017	12/08/2026	Common Stock	7,5	

Reporting Owners

Reporting Owner Name / Address	Keiauonsnips						
	Director	10% Owner	Officer	Other			
Nester Paul W			VP, Treasurer,				
P.O. BOX 13007			Secretary &				
ROANOKE, VA 24030			CFO				

Signatures

Paul W. Nester 10/09/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of options granted 04/01/2013. All options fully exercisable six months after date of grant.
- (2) Includes 5.683 shares purchased 08/01/2018 through dividends reinvested in the RGC Resources, Inc. Dividend Reinvestment and Stock Purchase Plan and 10.290 restricted shares purchased through dividends reinvested in the RGC Resources, Inc. Restricted Stock Plan.

Reporting Owners 2

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.