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GRODZKI KE' Form 4	VIN									
November 23, 2								0145		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								т	OMB APPROVAL	
	UNITED 5		ashington					OMB Number:	3235-0287	
Check this b if no longer subject to Section 16. Form 4 or Form 5 obligations	STATEME Filed pursu	STATEMENT OF CHANGES IN BENEFICIAL OWNER SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act							January 31, 2005 d average ours per e 0.5	
See Instruction 1(b). Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type Resp	ponses)									
1. Name and Address of Reporting Person <u>*</u> GRODZKI KEVIN			uer Name an l NSWICK (ing	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Mid	ddle) 3. Date	3. Date of Earliest Transaction				(Che	(Check all applicable)		
((Month/Day/Year) 11/19/2004				Director 10% Owner X Officer (give title Other (specify below) below) VP & PRESIDENT LIFE FITNESS			
			4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
LAKE FORES	ST, IL 60045						Person	More than One	Reporting	
(City)	(State) (Z	čip) Ta	ble I - Non-	Derivative	e Secu	rities Ac	quired, Disposed o	of, or Benefic	ially Owned	
	a	2A. Deemed Execution Date, if ny Month/Day/Year	Code (Instr. 8)	4. Securit on(A) or Di (Instr. 3, Amount	4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
$\frac{\text{Common}}{\text{Stock } \underline{(1)}} 11$	/19/2004		F	1,042	D	\$ 47.02	41,154	D		
Common Stock							236	Ι	By Restoration Plan	
Common Stock							513	Ι	By Svgs Plan Trustee	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Securi (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
GRODZKI KEVIN BRUNSWICK CORPORATION 1 N FIELD COURT LAKE FOREST, IL 60045			VP & PRESIDENT LIFE FITNESS					
Signatures								
By: Power of Attorney For: /s/ Kevin Grodzki		11/23/2004						
**Signature of Reporting Person		Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock granted under the 1991 Stock Plan with right to have shares withheld to pay income taxes on lapse of restrictions. One-third of the grant will be distributed free of restrictions on each of November 21, 2002, November 21, 2003 and November 21, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.