SCALZO JOSEPH

Form 4

January 19, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

may continue.

See Instruction

1. Name and A SCALZO JO	Address of Reporting I OSEPH	Symbo	ner Name and Ticker or Trading N FOODS CO [DF]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 2711 NORT AVE., SUIT	TH HASKELL		of Earliest Tr /Day/Year) /2011	ransaction			DirectorX_ Officer (give below)	109	6 Owner er (specify
DALLAS, T	(Street) TX 75204		nendment, Da onth/Day/Year		1		6. Individual or Applicable Line) _X_ Form filed by Form filed by Person	•	erson
(City)	(State)	(Zip) Ta	ble I - Non-E	Derivative	Secur	ities Acc	quired, Disposed (of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code r) (Instr. 8)	4. Secur on(A) or D (D) (Instr. 3)	4 and (A) or	ed of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock							23,800 (1)	I	By grantor retained annuity trust.
Common Stock	01/15/2011		M	8,000 (2)	A	\$0	43,071	D	
Common Stock	01/15/2011		F	2,792 (2)	D	\$ 9.94	40,279	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

(2)

01/15/2009(3) 01/15/2018

Stock

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	Date Exercisab	le and	7. Title and A	Amou
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onof Derivative	Expiration Date		Underlying S	Securi
Security	or Exercise		any	Code	Securities	(Month/Day/Year	r)	(Instr. 3 and	4)
(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Nun of Shar
Restricted	Φ.Ο.	01/15/0011			8,000	01/15/2000(3)	01/15/0010	Common	8,0

M

Reporting Owners

\$0

Reporting Owner Name / Address Relationships

01/15/2011

Director 10% Owner Officer Other

SCALZO JOSEPH 2711 NORTH HASKELL AVE. SUITE 3400 DALLAS, TX 75204

President & COO

Signatures

Stock Units

(DU004304)

Richard Stephens, Attorney In Fact

01/19/2011

Date

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These shares were previously reported as directly beneficially owned but were contributed to a grantor retained annuity trust on November 26, 2010. The reporting person is the trustee, has sole investment control and is the sole annuitant.
- The reporting person received a total of 8,000 shares of Common Stock of the Issuer pursuant to the vesting provisions in the award of (2) restricted stock units. A total of 2,792 shares were surrendered to satisfy tax obligations of the reporting person, resulting in the issuance of a total of 5,208 net shares of Common Stock.
- The reporting person has received an award of restricted stock units, which is the right to receive shares of Common Stock of the Issuer in (3) the future, subject to the terms and conditions of the award agreement. The units vest annually, on a pro rata basis, over a five year period beginning on the first anniversary of the grant date, subject to certain accelerated vesting provisions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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