

FIRST TRUST ENERGY INCOME & GROWTH FUND  
Form N-PX  
July 21, 2014

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, DC 20549

FORM N-PX

ANNUAL REPORT OF PROXY VOTING RECORD OF REGISTERED MANAGEMENT  
INVESTMENT COMPANY

Investment Company Act File No. 811-21549

First Trust Energy Income and Growth Fund

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Exact Name of Registrant as Specified in Declaration of Trust

187 Danbury Road, Wilton, CT 06897

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Address of Principal Executive Offices (Number, Street, City, State, Zip Code)

W. Scott Jardine  
First Trust Portfolios L.P.  
120 East Liberty Drive, Suite 400  
Wheaton, Illinois 60187

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Name and Address (Number, Street, City, State, Zip Code) of Agent for Service

(630) 765-8000

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Registrant's Telephone Number, including Area Code

Date of fiscal year end: November 30  
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Date of reporting period: July 1, 2013 - June 30, 2014  
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Form N-PX is to be used by a registered management investment company, other than a small business investment company registered on Form N-5 (ss.ss. 239.24 and 274.5 of this chapter), to file reports with the Commission, not later than August 31 of each year, containing the registrant's proxy voting record for the most recent twelve-month period ended June 30, pursuant to section 30 of the Investment Company Act of 1940 and rule 30b1-4 thereunder (17 CFR 270.30b1-4). The Commission may use the information provided on Form N-PX in its regulatory, disclosure review, inspection, and policymaking roles.

A registrant is required to disclose the information specified by Form N-PX, and the Commission will make this information public. A registrant is not required to respond to the collection of information contained in Form N-PX unless the Form displays a currently valid Office of Management and Budget ("OMB") control number. Please direct comments concerning the accuracy of the information collection burden estimate and any suggestions for reducing the burden to the

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Secretary, Securities and Exchange Commission, 100 F Street, N.E., Washington D.C. 20549. The OMB has reviewed this collection of information under the clearance requirements of 44 U.S.C. ss. 3507.

### Item 1. Proxy Voting Record

#### National Grid plc

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Ticker NG.  
Primary Security ID G6375K151  
Meeting Date 29-Jul-13  
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PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V	
Management	Accept Financial Statements and Statutory Reports	For	F
Management	Approve Final Dividend	For	F
Management	Re-elect Sir Peter Gershon as Director	For	F
Management	Re-elect Steve Holliday as Director	For	F
Management	Re-elect Andrew Bonfield as Director	For	F
Management	Re-elect Tom King as Director	For	F
Management	Re-elect Nick Winser as Director	For	F
Management	Re-elect Philip Aiken as Director	For	F
Management	Re-elect Nora Brownell as Director	For	F
Management	Elect Jonathan Dawson as Director	For	F
Management	Re-elect Paul Golby as Director	For	F
Management	Re-elect Ruth Kelly as Director	For	F
Management	Re-elect Maria Richter as Director	For	F
Management	Elect Mark Williamson as Director	For	F
Management	Reappoint PricewaterhouseCoopers LLP as Auditors	For	F
Management	Authorise Board to Fix Remuneration of Auditors	For	F
Management	Approve Remuneration Report	For	F
Management	Authorise Issue of Equity with Pre-emptive Rights	For	F
Management	Authorise Issue of Equity without Pre-emptive Rights	For	F
Management	Authorise Market Purchase of Ordinary Shares	For	F
Management	Authorise the Company to Call EGM with Two Weeks' Notice	For	F

#### Enterprise Products Partners L.P.

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Ticker EPD  
Primary Security ID 293792107  
Meeting Date 30-Sep-13  
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PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V	
Management	Amend Omnibus Stock Plan	For	F
Management	Amend Nonqualified Employee Stock Purchase Plan	For	F

#### Plains All American Pipeline LP

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Ticker PAA  
Primary Security ID 726503105  
Meeting Date 19-Nov-13  
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PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Approve Omnibus Stock Plan	For
Management	Adjourn Meeting	For

UGI Corporation

Ticker	UGI
Primary Security ID	902681105
Meeting Date	30-Jan-14

PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director Lon R. Greenberg	For
Management	Elect Director Marvin O. Schlanger	For
Management	Elect Director Anne Pol	For
Management	Elect Director Ernest E. Jones	For
Management	Elect Director John L. Walsh	For
Management	Elect Director Roger B. Vincent	For
Management	Elect Director M. Shawn Puccio	For
Management	Elect Director Richard W. Gochnauer	For
Management	Elect Director Frank S. Hermance	For
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For

PVR Partners, L.P.

Ticker	PVR
Primary Security ID	693665101
Meeting Date	20-Mar-14

PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Approve Merger Agreement	For
Management	Adjourn Meeting	For
Management	Advisory Vote on Golden Parachutes	For

Spectra Energy Corp

Ticker	SE
Primary Security ID	847560109
Meeting Date	15-Apr-14

PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director Gregory L. Ebel	For
Management	Elect Director Austin A. Adams	For
Management	Elect Director Joseph Alvarado	For
Management	Elect Director Pamela L. Carter	For
Management	Elect Director Clarence P. Cazalot, Jr.	For
Management	Elect Director F. Anthony Comper	For
Management	Elect Director Peter B. Hamilton	For
Management	Elect Director Michael McShane	For
Management	Elect Director Michael G. Morris	For

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Management	Elect Director Michael E. J. Phelps	For	F
Management	Ratify Auditors	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F
Share Holder	Report on Political Contributions	Against	F
Share Holder	Report on Methane Emissions	Against	F

### NuStar GP Holdings, LLC

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Ticker	NSH
Primary Security ID	67059L102
Meeting Date	23-Apr-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	VOTE
Management	Elect Director Bradley C. Barron	For	F
Management	Elect Director William B. Burnett	For	F
Management	Ratify Auditors	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F

### Magellan Midstream Partners, L.P.

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Ticker	MMP
Primary Security ID	559080106
Meeting Date	24-Apr-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	VOTE
Management	Elect Director James C. Kempner	For	F
Management	Elect Director Michael N. Mears	For	F
Management	Elect Director James R. Montague	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F
Management	Ratify Auditors	For	F

### Northeast Utilities

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Ticker	NU
Primary Security ID	664397106
Meeting Date	01-May-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	VOTE
Management	Elect Director Richard H. Booth	For	F
Management	Elect Director John S. Clarkeson	For	F
Management	Elect Director Cotton M. Cleveland	For	F
Management	Elect Director Sanford Cloud, Jr.	For	F
Management	Elect Director James S. DiStasio	For	F
Management	Elect Director Francis A. Doyle	For	F
Management	Elect Director Charles K. Gifford	For	F
Management	Elect Director Paul A. La Camera	For	F
Management	Elect Director Kenneth R. Leibler	For	F
Management	Elect Director Thomas J. May	For	F
Management	Elect Director William C. Van Faasen	For	F
Management	Elect Director Frederica M. Williams	For	F

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Management	Elect Director Dennis R. Wraase	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F
Management	Ratify Auditors	For	F

### TransCanada Corporation

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Ticker	TRP
Primary Security ID	89353D107
Meeting Date	02-May-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director Kevin E. Benson	For	F
Management	Elect Director Derek H. Burney	For	F
Management	Elect Director Paule Gauthier	For	F
Management	Elect Director Russell K. Girling	For	F
Management	Elect Director S. Barry Jackson	For	F
Management	Elect Director Paula Rosput Reynolds	For	F
Management	Elect Director John Richels	For	F
Management	Elect Director Mary Pat Salomone	For	F
Management	Elect Director D. Michael G. Stewart	For	F
Management	Elect Director Siim A. Vanaselja	For	F
Management	Elect Director Richard E. Waugh	For	F
Management	Approve KPMG LLP as Auditors and Authorize Board to Fix Their Remuneration	For	F
Management	Advisory Vote on Executive Compensation Approach	For	F

### NRG Yield, Inc.

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Ticker	NYLD
Primary Security ID	62942X108
Meeting Date	06-May-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director David Crane	For	W
Management	Elect Director John F. Chlebowski	For	F
Management	Elect Director Kirkland B. Andrews	For	W
Management	Elect Director Brian R. Ford	For	F
Management	Elect Director Mauricio Gutierrez	For	W
Management	Elect Director Ferrell P. McClean	For	F
Management	Elect Director Christopher S. Sotos	For	W
Management	Ratify Auditors	For	F

### Dominion Resources, Inc.

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Ticker	D
Primary Security ID	25746U109
Meeting Date	07-May-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director William P. Barr	For	F
Management	Elect Director Peter W. Brown	For	F
Management	Elect Director Helen E. Dragas	For	F

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Management	Elect Director James O. Ellis, Jr.	For	F
Management	Elect Director Thomas F. Farrell, II	For	F
Management	Elect Director John W. Harris	For	A
Management	Elect Director Mark J. Kington	For	F
Management	Elect Director Pamela J. Royal	For	F
Management	Elect Director Robert H. Spilman, Jr.	For	F
Management	Elect Director Michael E. Szymanczyk	For	F
Management	Elect Director David A. Wollard	For	F
Management	Ratify Auditors	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F
Management	Approve Omnibus Stock Plan	For	F
Share Holder	Stock Retention/Holding Period	Against	F
Share Holder	Report on Financial and Physical Risks of Climate Change	Against	F
Share Holder	Report on Methane Emissions Management and Reduction Targets	Against	F
Share Holder	Report on Lobbying Payments and Policy	Against	A
Share Holder	Report on Environmental Impacts of Biomass and Assess Risks	Against	F
Share Holder	Adopt Quantitative GHG Goals for Products and Operations	Against	F

Enbridge Inc.

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Ticker	ENB
Primary Security ID	29250N105
Meeting Date	07-May-14

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PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director David A. Arledge	For	F
Management	Elect Director James J. Blanchard	For	F
Management	Elect Director J. Lorne Braithwaite	For	F
Management	Elect Director J. Herb England	For	F
Management	Elect Director Charles W. Fischer	For	F
Management	Elect Director V. Maureen Kempston Darkes	For	F
Management	Elect Director David A. Leslie	For	F
Management	Elect Director Al Monaco	For	F
Management	Elect Director George K. Petty	For	F
Management	Elect Director Charles E. Shultz	For	F
Management	Elect Director Dan C. Tutcher	For	F
Management	Elect Director Catherine L. Williams	For	F
Management	Ratify PricewaterhouseCoopers LLP as Auditors	For	F
Management	Amend Stock Option Plan	For	F
Management	Approve Shareholder Rights Plan	For	F
Management	Advisory Vote on Executive Compensation Approach	For	F

NiSource Inc.

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Ticker	NI
Primary Security ID	65473P105
Meeting Date	13-May-14

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PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director Richard A. Abdo	For	F
Management	Elect Director Aristides S. Candris	For	F

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Management	Elect Director Sigmund L. Cornelius	For	F
Management	Elect Director Michael E. Jesanis	For	F
Management	Elect Director Marty R. Kittrell	For	F
Management	Elect Director W. Lee Nutter	For	F
Management	Elect Director Deborah S. Parker	For	F
Management	Elect Director Robert C. Skaggs, Jr.	For	F
Management	Elect Director Teresa A. Taylor	For	F
Management	Elect Director Richard L. Thompson	For	F
Management	Elect Director Carolyn Y. Woo	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F
Management	Ratify Auditors	For	F
Share Holder	Report on Political Contributions	Against	F

### Kinder Morgan, Inc.

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Ticker	KMI
Primary Security ID	49456B101
Meeting Date	19-May-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director Richard D. Kinder	For	F
Management	Elect Director Steven J. Kean	For	F
Management	Elect Director Anthony W. Hall, Jr.	For	F
Management	Elect Director Deborah A. Macdonald	For	F
Management	Elect Director Michael J. Miller	For	F
Management	Elect Director Michael C. Morgan	For	F
Management	Elect Director Fayez Sarofim	For	F
Management	Elect Director C. Park Shaper	For	F
Management	Elect Director Joel V. Staff	For	F
Management	Elect Director John M. Stokes	For	F
Management	Elect Director Robert F. Vagt	For	F
Management	Ratify Auditors	For	F
Share Holder	Report on Financial Risks of Climate Change	Against	F
Share Holder	Report on Methane Emissions Management, Pipeline Maintenance and Reduction Targets	Against	F
Share Holder	Report on Sustainability	Against	F

### ITC Holdings Corp.

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Ticker	ITC
Primary Security ID	465685105
Meeting Date	21-May-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director Christopher H. Franklin	For	W
Management	Elect Director Edward G. Jepsen	For	W
Management	Elect Director William J. Museler	For	W
Management	Elect Director Hazel R. O'Leary	For	W
Management	Elect Director Thomas G. Stephens	For	W
Management	Elect Director G. Bennett Stewart, III	For	W
Management	Elect Director Lee C. Stewart	For	W
Management	Elect Director Joseph L. Welch	For	W
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	A
Management	Ratify Auditors	For	F

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Management	Amend Qualified Employee Stock Purchase Plan	For	
Share Holder	Amend Bylaws -- Call Special Meetings	Against	

### Questar Corporation

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Ticker	STR
Primary Security ID	748356102
Meeting Date	22-May-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	
Management	Elect Director Teresa Beck	For	F
Management	Elect Director R. Don Cash	For	F
Management	Elect Director Laurence M. Downes	For	F
Management	Elect Director Christopher A. Helms	For	F
Management	Elect Director Ronald W. Jibson	For	F
Management	Elect Director Rebecca Ranich	For	F
Management	Elect Director Harris H. Simmons	For	F
Management	Elect Director Bruce A. Williamson	For	F
Management	Ratify Auditors	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F

### The Williams Companies, Inc.

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Ticker	WMB
Primary Security ID	969457100
Meeting Date	22-May-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	
Management	Elect Director Alan S. Armstrong	For	F
Management	Elect Director Joseph R. Cleveland	For	F
Management	Elect Director Kathleen B. Cooper	For	F
Management	Elect Director John A. Hagg	For	F
Management	Elect Director Juanita H. Hinshaw	For	F
Management	Elect Director Ralph Izzo	For	F
Management	Elect Director Frank T. MacInnis	For	F
Management	Elect Director Eric W. Mandelblatt	For	F
Management	Elect Director Steven W. Nance	For	F
Management	Elect Director Murray D. Smith	For	F
Management	Elect Director Janice D. Stoney	For	F
Management	Elect Director Laura A. Sugg	For	F
Management	Amend Omnibus Stock Plan	For	F
Management	Amend Qualified Employee Stock Purchase Plan	For	F
Management	Ratify Auditors	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F

### CorEnergy Infrastructure Trust, Inc.

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Ticker	CORR
Primary Security ID	21870U205
Meeting Date	28-May-14

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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	
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Management	Elect Director Barrett Brady	For	F
Management	Elect Director Conrad S. Ciccotello	For	F
Management	Elect Director Catherine A. Lewis	For	F
Management	Ratify Auditors	For	F
Management	Approve Outside Director Stock Awards/Options in Lieu of Cash	For	F

The Southern Company

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Ticker SO  
Primary Security ID 842587107  
Meeting Date 28-May-14  
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PROPOSER	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	
Management	Elect Director Juanita Powell Baranco	For	F
Management	Elect Director Jon A. Boscia	For	F
Management	Elect Director Henry A. 'Hal' Clark, III	For	F
Management	Elect Director Thomas A. Fanning	For	F
Management	Elect Director David J. Grain	For	F
Management	Elect Director Veronica M. Hagen	For	F
Management	Elect Director Warren A. Hood, Jr.	For	F
Management	Elect Director Linda P. Hudson	For	F
Management	Elect Director Donald M. James	For	F
Management	Elect Director Dale E. Klein	For	F
Management	Elect Director William G. Smith, Jr.	For	F
Management	Elect Director Steven R. Specker	For	F
Management	Elect Director E. Jenner Wood, III	For	A
Management	Ratify Auditors	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F
Share Holder	Require Independent Board Chairman	Against	F

SIGNATURES

[See General Instruction F]

Pursuant to the requirements of the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

(Registrant) FIRST TRUST ENERGY INCOME AND GROWTH FUND  
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By (Signature and Title)\* /s/ Mark R. Bradley  
-----  
Mark R. Bradley, President

Date July 21, 2014  
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\* Print the name and title of each signing officer under his or her signature.

