

principal
executive
offices,
including
zip code)

(760) 736-7700

(Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 or Rule 12b-2 of the Securities Exchange Act of 1934.

Emerging growth company []

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. []

Item 1.01 Modification of a Material Definitive Agreement.

On September 30, 2018, Natural Alternatives International, Inc. (“NAI”) entered into a First Amendment to Loan Agreement (the “First Amendment”), with Kaged Muscle LLC (“Kaged Muscle”). The First Amendment amends a Loan Agreement entered into by and between NAI and Kaged Muscle on September 30, 2017 in connection with NAI's loan of \$1,500,000 to Kaged Muscle. The First Amendment modifies the Loan Agreement and related promissory note by extending the Maturity Date of the loan referenced therein from September 30, 2018 to December 28, 2018 in exchange for an extension fee paid by Kaged Muscle to NAI in the amount of \$25,000. The extension fee is not applicable as a payment on the loan and is exclusively consideration to NAI for the extension of the Maturity Date. All of the other terms and conditions of the secured Loan Agreement and the associated personal Guaranty of the loan remain unchanged. A copy of the First Amendment is attached hereto as Exhibit 10.53 and is incorporated herein.

Item 9.01. Financial Statements and Exhibits.

The following Exhibits are filed with this Report.

Exhibit Number

10.53 First Amendment to Loan Agreement

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Natural Alternatives International, Inc.

Date: **October 2, 2018** By: /s/ Kenneth E. Wolf
Kenneth E. Wolf
President