Roemer Todd M Form 4 February 21, 2019

FORM 4

Form 4 or

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b).

(Print or Type Responses)

(Last)

1. Name and Address of Reporting Person * Roemer Todd M

(First)

(Street)

HOUSTON, TX 77024

2. Issuer Name and Ticker or Trading Symbol

CABOT OIL & GAS CORP [COG]

3. Date of Earliest Transaction

(Month/Day/Year)

840 GESSNER ROAD, SUITE 1400

(Middle)

02/19/2019

4. If Amendment, Date Original

Filed(Month/Day/Year)

OMB APPROVAL

OMB Number:

3235-0287

January 31, Expires:

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response...

0.5

5. Relationship of Reporting Person(s) to

Issuer

below)

(Check all applicable)

Director 10% Owner _X__ Officer (give title _ Other (specify

Vice Pres & Controller

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

(City)	(State)	(Zip) Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	8)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	02/19/2019		A(1)	3,661	A	\$ 0	70,176	D	
Common Stock	02/19/2019		F	1,441	D	\$ 25.18	68,735	D	
Common Stock	02/19/2019		A(2)	2,213	A	\$ 0	70,948	D	
Common Stock	02/19/2019		F	871	D	\$ 25.18	70,077	D	
Common Stock	02/19/2019		A(3)	2,580	A	\$ 0	72,657	D	

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Common Stock 02/19/2019 F 1,016 D \$ 71,641 D

Common Stock 2,568 (4) I Held in 401(k) Plan.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)			5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shar
Performance Shares	\$ 0	02/19/2019		A	18,036	<u>(5)</u>	12/31/2021	Common	18,03

Reporting Owners

Reporting Owner Name / Address	Relationships						
• 0	Director	10% Owner	Officer	Other			
Roemer Todd M 840 GESSNER ROAD, SUITE 1400 HOUSTON, TX 77024			Vice Pres & Controller				

Signatures

Deidre L. Shearer, Attorney-in-Fact for Todd M.
Roemer 02/21/2019

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Vesting of hybrid performance shares granted on February 17, 2016.
- (2) Vesting of hybrid performance shares granted on February 22, 2017.

Reporting Owners 2

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- (3) Vesting of hybrid performance shares granted on February 21, 2018.
- (4) Based on a statement dated January 31, 2019 for shares held by the reporting person under the Cabot Oil & Gas Savings Investment Plan.
- The performance shares provide for payment in common stock and cash in an amount ranging from 0-200% of the performance shares (5) awarded, based upon certain performance criteria over a three year performance period, beginning January 1, 2019 and ending December 31, 2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.