DEAN FOODS CO Form 4 March 18, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average burden hours per

response...

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

1(b).

(Print or Type Responses)

MUSE JOHN R

1. Name and Address of Reporting Person *

See Instruction

				DEAN FOODS CO [DF]					(Check all applicable)			
(Last) (First) (Middle) 200 CRESCENT COURT, SUITE 1600		3. Date of Earliest Transaction (Month/Day/Year) 03/16/2016					_X Director 10% Owner Officer (give title below) Other (specify below)					
				mendment, Date Original Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person				
DALLAS, TX 75201								Form filed by More than One Reporting Person				
	(City)	City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially						ly Owned				
	1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		n Date, if	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock	03/16/2016			M	8,663	A	\$ 16.98	188,441	D		
	Common Stock	03/16/2016			M	14,357	A	\$ 17.36	202,798	D		
	Common Stock	03/16/2016			M	10,224	A	\$ 12.6	213,022	D		
	Common Stock	03/16/2016			M	17,353	A	\$ 8.96	230,375	D		
	Common Stock	03/16/2016			M	16,713	A	\$ 10.44	247,088	D		

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Common Stock	03/16/2016	F	42,995	D	\$ 19.89	204,093	D	
Common Stock						1,275	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Exercise of Stock Option (Award NF706489)	\$ 16.98	03/16/2016		M	8,663	<u>(2)</u>	06/30/2018	Common Stock	8,663
Exercise of Stock Option (Award NF706516)	\$ 17.36	03/16/2016		M	14,357	(2)	02/13/2019	Common Stock	14,357
Exercise of Stock Option (Award NF707267)	\$ 12.6	03/16/2016		M	10,224	<u>(2)</u>	02/12/2020	Common Stock	10,224
Exercise of Stock Option (Award NF707331)	\$ 8.96	03/16/2016		M	17,353	<u>(2)</u>	02/18/2021	Common Stock	17,353
Exercise of Stock Option	\$ 10.44	03/16/2016		M	16,713	(2)	02/17/2022	Common Stock	16,713

(Award NF707383)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

MUSE JOHN R 200 CRESCENT COURT SUITE 1600 DALLAS, TX 75201

X

Signatures

Kay F. Stockler Attorney-in-Fact 03/18/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person disclaims beneficial ownership of all shares not directly owned by him.
- (2) This option award is fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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