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CONTANGO OIL & GA Form 4 March 13, 2015	S CO											
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									-	OMB APPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSI Washington, D.C. 20549							COMMISSION	OMB Number:	3235-0287			
Check this box if no longer								Expires:	January 31, 2005			
subject to STATEMENT OF CHANG				GES IN BENEFICIAL OW SECURITIES				NERSHIP OF	Estimated a			
				KI	TIES				burden hou	•		
F 7	Filed pursuant to Section 16(a) of the Securities Exchange Act of							e Act of 1934.	response	0.5		
obligations Section	-						-	f 1935 or Section	n			
may continue. See 1011 See Instruction 1(b).	30(h)) of the Inv	vestmer	nt C	Company	y Act	of 19	40				
(Print or Type Responses)												
THOMAS JOHN ANTHONY Symbol								5. Relationship of Reporting Person(s) to Issuer				
	[MCF]	NTANGO OIL & GAS CO CF]					(Check all applicable)					
(Last) (First)	(Middle)		e of Earliest Transaction n/Day/Year)					Director X Officer (give	e title Oth	o Owner er (specify		
717 TEXAS AVE., STE 2900 03/13/20			-					below) below) VP/Secretary/General Counsel				
(Street) 4. If Amen			ndment, Date Original					6. Individual or Joint/Group Filing(Check				
				Ionth/Day/Year)				Applicable Line)				
HOUSTON, TX 77002								_X_ Form filed by C Form filed by M Person	One Reporting Pe fore than One Re			
(City) (State)	(Zip)	Table	e I - Non	-De	rivative S	ecuri	ties Ac	quired, Disposed of	f. or Beneficial	llv Owned		
	(Month/Day/Year) Execution Da				4. Securi	ties		5. Amount of	6. Ownership	7. Nature of		
Security (Month/Day/ (Instr. 3)									Form: Direct D) or	Indirect Beneficial		
()		/Day/Year)	CodeDisposed of (D)(Instr. 8)(Instr. 3, 4 and 5)					Owned In	ndirect (I) C	Ownership		
							Following Reported	(Instr. 4)				
						(A) or		Transaction(s)				
			Code	V	Amount	(D)	Price	(Instr. 3 and 4)				
Common 03/13/2015 Stock	i		A <u>(1)</u>		5,931	А	\$0	23,740	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date	Amou Unde Secur	le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owno Follo Repo Trans (Instr
				Code V	. ,	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Addre	ess Relationships							
1 0	Director	10% Owner	Officer	Other				
THOMAS JOHN ANTHON 717 TEXAS AVE. STE 2900 HOUSTON, TX 77002	Υ		VP/Secretary/General Counsel					
Signatures								
/s/ John A. Thomas	03/13/2015							

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). **

The reporting person was awarded 5,931 shares of restricted stock of the Issuer pursuant to the Issuer's Amended and Restated 2009 Incentive Compensation Plan. Of these shares of restricted stock, 25% will vest on each of March 13, 2016, 2017, 2018 and 2019 should

(1) the reporting person remain an employee of the Issuer on the pertinent vesting date absent earlier vesting pursuant to the terms of the restricted stock award agreement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.