Edgar Filing: HERBALIFE LTD. - Form 4

HERBALIF Form 4	E LTD.											
August 07, 2	2014											
FORM	14 UNITE	CD STATES						NGE C	COMMISSION		PROVAL	
Check th if no long subject to Section 1 Form 4 o Form 5 obligatio may cont See Instru 1(b).	ger 5 16. 5 5 5 5 5 5 5 5 5 5 5 5 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Investment Company Act of 1940								Number: 3235-028 Number: January 31 Expires: 2003 Estimated average burden hours per response 0.3		
(Print or Type I	Responses)											
Friedman Mark J Symbol				er Name and Ticker or Trading ALIFE LTD. [HLF]				ıg	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 800 W. OL 406	(First) YMPIC BLVD	(Middle) D., SUITE	3. Date of (Month/E 08/07/2	ay/Year		ansaction			Director X Officer (give below)	10%	Owner er (specify	
	(Street)		4. If Ame Filed(Mor			-			6. Individual or Jo Applicable Line) _X_ Form filed by C	One Reporting Pe	rson	
LOS ANGE	ELES, CA 900	15							Form filed by M Person	Iore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Noi	n-De	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Executio any		3. Transa Code (Instr.	ctio 8)	4. Securit n(A) or Di (Instr. 3,	ies Ad sposed 4 and (A) or	cquired d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of	
Common Stock	08/07/2014			Code P	V	Amount 200	(D) A	Price \$ 49.71	200	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Addres	S	Relationships								
	Director	10% Owner	Officer	Other						
Friedman Mark J 800 W. OLYMPIC BLVD. SUITE 406 LOS ANGELES, CA 90015			General Counsel							
Signatures										
Mark J. 0	8/07/2014									

Friedman

Date

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.