HERBALIFE LTD. Form 3 August 04, 2014 FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB APPROVAL OMB Number: 3235-0104

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Okuhara Gioji			2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]				
(Last)	(First)	(Middle)	07/24/2014	4. Relationsh Person(s) to I	ip of Reporting	5. If Amendment, Date Original Filed(Month/Day/Year)		
800 W. OLYMPIC BLVD, SUITE 406				k all applicable)				
	(Street)			Director10% Owner OfficerOther (give title below) (specify below)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting	
LOS ANGELES, CA 90015				VP, General Manager, Brazil			Person Form filed by More than One Reporting Person	
(City)	(State)	(Zip)	Table I - 2	Non-Derivat	tive Securiti	es Be	neficially Owned	
1.Title of Secu (Instr. 4)	rity		2. Amount o Beneficially (Instr. 4)	of Securities v Owned	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nat Owne (Instr	•	
Common St	ock		3,193		D	Â		
Reminder: Rep owned directly		ate line for ea	ch class of securities benefic	cially S	SEC 1473 (7-02)		
	inform	nation conta	pond to the collection of ained in this form are no nd unless the form disp	t				

currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4) Title	4. Conversion or Exercise Price of Derivative	5. Ownership Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
		The	Security	Direct (D)	

January 31,

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	Date Exercisable	Expiration Date		Amount or Number of Shares		or Indirect (I) (Instr. 5)	
Stock Appreciation Rights	(1)	03/31/2021	Common Stock	9,400	\$ 40.68	D	Â
Stock Appreciation Rights	(2)	05/18/2021	Common Stock	4,514	\$ 53.29	D	Â
Stock Appreciation Rights	(<u>3)</u>	05/31/2022	Common Stock	7,868	\$ 44.79	D	Â
Stock Appreciation Rights	(4)	12/19/2023	Common Stock	3,995	\$ 79.58	D	Â
Stock Appreciation Rights	(5)	04/30/2024	Common Stock	4,128	\$ 59.98	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Okuhara Gioji 800 W. OLYMPIC BLVD SUITE 406 LOS ANGELES, CA 90015	Â	Â	VP, General Manager, Brazil	Â		
Signatures						
Gioji Okuhara by Jim Berklas, Attorney-in-Fact		(08/04/2014			

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These stock appreciation rights were fully vested as of March 31, 2014.
- (2) These stock appreciation rights were fully vested as of May 18, 2014.
- (3) Consists of stock appreciation rights granted under the Herbalife Ltd. 2005 Stock Incentive Plan, of which 20% vested on May 31, 2013, 20% vested on May 31, 2014 and the remaining 60% will vest on May 31,2015.
- (4) Consists of stock appreciation rights granted under the Herbalife Ltd. 2005 Stock Incentive Plan, of which 20% vested June 21, 2014, 20% will vest June 21, 2015 and the remaining 60% will vest on June 21, 2016.
- (5) Consists of stock appreciation rights granted under the Herbalife Ltd. 2014 Stock Incentive Plan, of which 20% will vest April 30, 2015, 20% will vest April 30, 2016 and the remaining 60% will vest on April 30, 2017.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.