CITIZENS INC

Form 4

Inc. Class

December 31, 2013

December 5										
FORM	14 HAUTED	CTATES SE	CUDITIES	AND EVC	TT A NIC	TE CO	MMISSION		PPROVAL	
	UNITED	STATES SE	Washington			JE CU	WIWIISSIUN	OMB Number:	3235-0287	
Check th			,, asimgeo	11, 2101 200	• •			Expires:	January 31,	
if no lon subject to Section Form 4 Form 5	16. STATEN or		F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 193					Estimated average burden hours per response 0.5		
obligation may con <i>See</i> Institution 1(b).	ons Section 17(a) of the Publ		olding Com	pany A	ct of 1	935 or Section			
(Print or Type	Responses)									
Osbourn Kay E Sy							5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (1		ate of Earliest	-			(Check all applicable)			
			onth/Day/Year) 25/2013				Director 10% Owner Specify Delow) Delow EVP, CFO & Treasurer			
	(Street)		f Amendment, I d(Month/Day/Ye	_		A	. Individual or Joi pplicable Line) X_ Form filed by O Form filed by Mo	ne Reporting Pe	rson	
AUSTIN, T	ΓX 78752					P	erson	ore than one Re	porting	
(City)	(State)	(Zip)	Table I - Non	-Derivative S	ecuritie	s Acqui	red, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Ye	Date, if Transactionor Disposed of (D) Code (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Citizens, Inc. Class A Common	01/25/2013			V Amount V 20.5149	or (D)	Price \$ 9.71	(Instr. 3 and 4)	D		
Stock Citizens, Inc. Class A Common Stock	02/01/2013		_	V 19.2231		\$ 10.37	730.6271	D		
Citizens,	03/01/2013		<u>L(1)</u> \	V 20.9978	A	\$ 9.49	751.6249	D		

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A Common Stock			
Citizens, Inc. Class A Common Stock	03/28/2013	L(1) V 24.1752 A \$8.24 775.8001	D
Citizens, Inc. Class A Common Stock	04/26/2013	L(1) V 30.4385 A \$6.54 806.2386	D
Citizens, Inc. Class A Common Stock	05/31/2013	L(1) V 31.7151 A \$6.28 837.9537	D
Citizens, Inc. Class A Common Stock	06/28/2013	L ₍₁₎ V 32.481 A \$6.13 870.4347	D
Citizens, Inc. Class A Common Stock	08/02/2013	L ₍₁₎ V 27.3228 A \$7.29 897.7575	D
Citizens, Inc. Class A Common Stock	08/30/2013	L <u>(1)</u> V 27.1787 A \$7.33 924.9362	D
Citizens, Inc. Class A Common Stock	09/30/2013	L ₍₁₎ V 23.1971 A \$8.59 948.1333	D
Citizens, Inc. Class A Common Stock	11/01/2013	L ₍₁₎ V 22.9492 A \$8.68 971.0825	D
Citizens, Inc. Class A	11/29/2013	L ⁽¹⁾ V 22.7683 A \$8.75 993.8508	D

Common Stock

Citizens, Inc. Class

 $S^{(2)}$ A 12/31/2013 400 \$ 8.85 593.8508 D

Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. tionNumber of) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)
				Code V	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

Osbourn Kay E 400 EAST ANDERSON LANE AUSTIN, TX 78752

EVP, CFO & Treasurer

Signatures

/s/Kay E. 12/31/2013 Osbourn

**Signature of Date Reporting Person

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Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were purchased through the Citizens Stock Investment Plan as part of regular monthly payroll deduction.
- (2) This transaction was an open market sale.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.