Osbourn Kay E Form 4 September 18, 2012

Inc. Class

OMB APPROVAL UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB 3235-0287 Washington, D.C. 20549 Number: Check this box January 31, Expires: if no longer 2005 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Estimated average **SECURITIES** Section 16. burden hours per Form 4 or response... 0.5 Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b). (Print or Type Responses) 1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Osbourn Kay E Issuer Symbol CITIZENS INC [CIA] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner X_ Officer (give title Other (specify 400 EAST ANDERSON LANE 01/05/2012 below) below) EVP, CFO & Treasurer (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting **AUSTIN, TX 78752** Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired (A) 5. Amount of 7. Nature of Security (Month/Day/Year) Execution Date, if Transactionor Disposed of (D) Securities Ownership Indirect (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially Form: Beneficial (Month/Day/Year) Owned Direct (D) Ownership (Instr. 8) Following or Indirect (Instr. 4) Reported (I)(A) Transaction(s) (Instr. 4) or (Instr. 3 and 4) Code V Amount (D) Price Citizens, Inc. Class 01/05/2012 V 20.158 \$ 9.89 720.2779 D A Α Common Stock (1) Citizens, Inc. Class V 17.7071 A 737.985 02/03/2012 D Common Stock (1) Citizens, 03/02/2012 V 19.4452 A \$ 757.4302 D

10.25

A Common Stock (1)								
Citizens, Inc. Class A Common Stock (1)	04/04/2012	L	V	21.188	A	\$ 9.41	778.6182	D
Citizens, Inc. Class A Common Stock (1)	04/27/2012	L	V	20.6489	A	\$ 9.65	799.2671	D
Citizens, Inc. Class A Common Stock (1)	06/01/2012	L	V	24.3149	A	\$ 8.19	823.582	D
Citizens, Inc. Class A Common Stock (1)	06/29/2012	L	V	20.6764	A	\$ 9.64	844.2584	D
Citizens, Inc. Class A Common Stock (1)	07/27/2012	L	V	19.0876	A	\$ 10.44	863.346	D
Citizens, Inc. Class A Common Stock (1)	09/04/2012	L	V	19.5697	A	\$ 10.19	882.9157	D
Citizens, Inc. Class A Common Stock (2)	09/14/2012	S		250	D	\$ 10.72	632.9157	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
					4, and 5)	Date	Expiration		Amount		
				Code V	(A) (D)	Exercisable	Date	Title	Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Osbourn Kay E 400 EAST ANDERSON LANE AUSTIN, TX 78752

EVP, CFO & Treasurer

Signatures

/s/Kay E. 09/18/2012 Osbourn

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were purchased through the Citizens Stock Investment Plan as part of regular monthly payroll deduction.
- (2) This transaction was an open market sale.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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