Pollio Jonathan Meyer Form 5 January 03, 2012

Common Stock (1)

FORM 5 OMB APPROVAL

FORM	Л 5								OMB AP	PROVAL			
. •		STATES	SECU	RITIES AN	ND EXCHA	NGI	E CON	MISSION	OMB Number:	3235-0362			
Check the no longer to Section Form 4 c	r subject in 16.	Washington, D.C. 20549 ATEMENT OF CHANGES IN BENEFICIAL					CIAL	Expires: January Expires: 20 Estimated average					
5 obligat	ions			VNERSHIP OF SECURITIES					burden hours per response 1				
See Instr 1(b). Form 3 I Reported Form 4 Transact Reported	Filed pur Holdings Section 17(I	(a) of the l	Public U	16(a) of the Itility Holdi nvestment C	ng Compar	y Ac	t of 19.						
	Address of Reporting athan Meyer	2. Issuer Name and Ticker or Trading Symbol CITIZENS INC [CIA]					5. Relationship of Reporting Person(s) to Issuer						
(Last)	(First) (Middle)	3. Statement for Issuer's Fiscal (Month/Day/Year)			Ended		(Check all applicable) Director 10% Owner					
400 EAST	ANDERSON LA	NE	12/31/2011					_X_ Officer (give title Other (specify below) Vice President, Chief Actuary					
	(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)				6. I	6. Individual or Joint/Group Reporting						
			`	•				(check a	applicable line)				
AUSTIN,Â	À TXÂ 78714-915	51						_ Form Filed by Or Form Filed by Mo son					
(City)	(State)	(Zip)	Tal	ble I - Non-De	rivative Secu	rities A	Acquire	d, Disposed of,	or Beneficially	y Owned			
1.Title of Security (Instr. 3)	(Month/Day/Year) Execution Date, if Transaction or Disposed of any Code (Instr. 3, 4 and (Month/Day/Year) (Instr. 8)		of (D)	Beneficially Owned at end of Issuer's		6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)						
G:::					Amount	or (D)	Price	(Instr. 3 and 4)					
Citizens, Inc. Class A Common Stock (1)	01/07/2011	Â		L	75.12	A	\$ 7.42	1,667.813	D	Â			
Citizens, Inc. Class A	01/28/2011	Â		L	78.5407	A	\$ 7.1	1,746.3537	D	Â			

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Citizens, Inc. Class A Common Stock (1)	02/25/2011	Â	L	75.4413	A	\$ 7.39	1,821.795	D	Â
Citizens, Inc. Class A Common Stock (1)	04/01/2011	Â	L	75.7277	A	\$ 7.36	1,897.5227	D	Â
Citizens, Inc. Class A Common Stock (1)	04/29/2011	Â	L	76.1335	A	\$ 7.33	1,973.6562	D	Â
Citizens, Inc. Class A Common Stock (1)	05/31/2011	Â	L	81.9818	A	\$ 6.8	2,055.638	D	Â
Citizens, Inc. Class A Common Stock (1)	07/01/2011	Â	L	80.7572	A	\$ 6.9	2,136.3952	D	Â
Citizens, Inc. Class A Common Stock (1)	08/05/2011	Â	L	80.6447	A	\$ 6.91	2,217.0399	D	Â
Citizens, Inc. Class A Common Stock (1)	09/02/2011	Â	L	101.0443	A	\$ 6.4	2,318.0842	D	Â
Citizens, Inc. Class A Common Stock (1)	10/04/2011	Â	L	97.1763	A	\$ 6.66	2,415.2605	D	Â
Citizens, Inc. Class A Common Stock (1)	10/31/2011	Â	L	82.4703	A	\$ 7.85	2,497.7308	D	Â
	12/02/2011	Â	L	37.4392	A		2,535.17	D	Â

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Citizens, \$
Inc. Class 8.92

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Common Stock (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amor Unde Secur	le and unt of rlying rities : 3 and 4)	8. Price of Derivative Security (Instr. 5)
				(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Pollio Jonathan Meyer 400 EAST ANDERSON LANE AUSTIN Â TXÂ 78714-9151	Â	Â	Vice President, Chief Actuary	Â				

Signatures

/s/Jonathan M.
Pollio

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were purchased through the Citizens Stock Investment Plan as part of regular monthly payroll deduction.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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