

Steigerwalt Eric T
Form 3
November 29, 2011

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Â Steigerwalt Eric T		(Month/Day/Year)	METLIFE INC [MET]	
(Last)	(First)	(Middle)	11/21/2011	
200 PARK AVENUE		4. Relationship of Reporting Person(s) to Issuer		5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)		(Check all applicable)		6. Individual or Joint/Group Filing(Check Applicable Line)
NEW YORK,Â NYÂ 10166		<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other (give title below) (specify below)		<input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
(City)	(State)	(Zip)	EVP - CFO	

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	28,643	D	Â
Common Stock	1,250	I	By The Company's Savings and Investment Plan - 401(k) ⁽¹⁾

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of	5. Ownership Form of Derivative	6. Nature of Indirect Beneficial Ownership (Instr. 5)
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Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported holding reflects shares allocated to and indirectly held by the reporting person under the Savings and Investment Plan for Employees of Metropolitan Life and Participating Affiliates Trust.
- (2) The options became exercisable in three equal installments on February 19, 2003, 2004 and 2005. The number of shares represents the outstanding, unexercised portion of the option.
- (3) The options became exercisable in three equal installments on February 18, 2004, 2005 and 2006.
- (4) The options became exercisable in three equal installments on February 17, 2005, 2006 and 2007.
- (5) The options became exercisable in three equal installments on April 15, 2006, 2007 and 2008.
- (6) The options became exercisable in three equal installments on February 28, 2007, 2008 and 2009.
- (7) The options became exercisable in three equal installments on February 27, 2008, 2009 and 2010.
- (8) The options became exercisable in three equal installments on February 26, 2009, 2010 and 2011.
- (9) Two-Thirds (2/3) of this option is currently vested and exercisable. The remaining one-third (1/3) will become exercisable on February 24, 2012.
- (10) One-third (1/3) of this option is currently vested and exercisable. The remaining two-thirds (2/3) will become exercisable on February 23, 2012 and 2013.
- (11) The option becomes exercisable in three equal installments on February 23, 2012, 2013, and 2014
- (12) The award of Restricted Stock Units has a three year cliff vesting schedule and will vest on February 24, 2012 and will be payable 100% in shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.