Hienrich Edi Form 4 May 17, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to

Section 16. Form 4 or Form 5 obligations may continue.

See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Hienrich Edi Issuer Symbol HERBALIFE LTD. [HLF] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner _X__ Officer (give title . _ Other (specify 800 W. OLYMPIC BLVD. SUITE 05/13/2011 below) 406 SVP/Managing Director EMEA (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person

LOS ANGELES, CA 90015

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	05/13/2011		S	2,802	D	\$ 106.86 (1)	7,901	D	
Common Stock	05/13/2011		M	3,600	A	\$ 15	4,271	I	By wife
Common Stock	05/13/2011		S	3,600	D	\$ 106.98	671	I	By wife
Common Stock	05/13/2011		M	2,478	A	\$ 45.88	10,379	D	
Common Stock	05/13/2011		D	1,716	D	\$ 106.75	8,663	D	

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Common Stock	05/13/2011	M	1,800	A	\$ 43.13	2,471	I	By wife
Common Stock	05/13/2011	D	1,222	D	\$ 106.75	1,249	I	By wife
Common Stock	05/13/2011	M	434	A	\$ 32.79	1,683	I	By wife
Common Stock	05/13/2011	D	273	D	\$ 106.75	1,410	I	By wife

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares
Non-Qualified Stock Option (Right to Buy)	\$ 15	05/13/2011		M	3,600	(2)	04/27/2015	Common Stock	3,60
Stock Appreciation Rights	\$ 45.88	05/13/2011		M	2,478	(3)	05/07/2020	Common Stock	2,47
Stock Appreciation Rights	\$ 43.13	05/13/2011		M	1,800	<u>(4)</u>	02/28/2018	Common Stock	1,80
Stock Appreciation Rights	\$ 32.79	05/13/2011		M	434	<u>(5)</u>	03/23/2006	Common Stock	434

Reporting Owners

Reporting Owner Name / Address

Reporting Owners 2

Relationships

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Director 10% Owner Officer Other

Hienrich Edi 800 W. OLYMPIC BLVD. SUITE 406 LOS ANGELES, CA 90015

SVP/Managing Director EMEA

Signatures

Edi Hienrich by Brett R. Chapman, Attorney-in-Fact

05/17/2011

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - This transaction was executed in multiple trades at prices ranging from \$106.84 to \$106.95. The price reported above reflects the
- (1) weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (2) These options were fully vested as of March 30, 2010.
- (3) Consists of stock appreciation rights granted under the Herbalife Ltd. 2005 Stock Incentive Plan, of which 20% vested on May 7, 2011, 20% will vest on May 7, 2012 and the remaining 60% will vest on May 7, 2013.
- (4) These stock appreciation rights were fully vested as of February 28, 2011.
- (5) These stock appreciation rights were fully vested as of December 31, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3