

HERBALIFE LTD.
Form 4
July 03, 2007

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
JOHNSON MICHAEL

2. Issuer Name and Ticker or Trading Symbol
HERBALIFE LTD. [HLF]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)

Director 10% Owner
 Officer (give title below) Other (specify below)
CEO

1800 CENTURY PARK EAST

07/02/2007

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

LOS ANGELES, CA 90067

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock	07/02/2007		M		170,085 A \$ 0.88	251,134	D
Common Stock	07/02/2007		S ⁽¹⁾		200 D \$ 40.16	250,934	D
Common Stock	07/02/2007		S ⁽¹⁾		500 D \$ 40.15	250,434	D
Common Stock	07/02/2007		S ⁽¹⁾		700 D \$ 40.1	249,734	D
Common Stock	07/02/2007		S ⁽¹⁾		6,200 D \$ 40.09	243,534	D

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Common Stock	07/02/2007	S ⁽¹⁾	9,500	D	\$ 40.08	234,034	D
Common Stock	07/02/2007	S ⁽¹⁾	1,400	D	\$ 40.07	232,634	D
Common Stock	07/02/2007	S ⁽¹⁾	2,800	D	\$ 40.06	229,834	D
Common Stock	07/02/2007	S ⁽¹⁾	1,100	D	\$ 40.05	228,734	D
Common Stock	07/02/2007	S ⁽¹⁾	3,000	D	\$ 40.04	225,734	D
Common Stock	07/02/2007	S ⁽¹⁾	500	D	\$ 40.03	225,234	D
Common Stock	07/02/2007	S ⁽¹⁾	1,200	D	\$ 40.02	224,034	D
Common Stock	07/02/2007	S ⁽¹⁾	3,300	D	\$ 40.01	220,734	D
Common Stock	07/02/2007	S ⁽¹⁾	139,685	D	\$ 40	81,049	D

Common Stock 56,561 I Beneficially owned through Michael O. Johnson IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Security (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am Nur Sha
Non-Qualified stock option (right to buy)	\$ 0.88	07/02/2007		M		170,085		(2)	04/03/2013	Common Stock	17

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
JOHNSON MICHAEL 1800 CENTURY PARK EAST LOS ANGELES, CA 90067	X		CEO	

Signatures

Vicki Tuchman by Power of Attorney
07/03/2007

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 17, 2007.
- (2) Option vests in 50% increments on April 3, 2004 and April 3, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.