AVALONBAY COMMUNITIES INC

Form 4

February 12, 2007

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

3235-0287 Number:

January 31, Expires: 2005

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if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * NAUGHTON TIMOTHY J

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

AVALONBAY COMMUNITIES INC [AVB]

(Check all applicable)

below)

President

(Last)

(First)

(Middle)

3. Date of Earliest Transaction

X_ Officer (give title below)

10% Owner Other (specify

C/O AVALONBAY COMMUNITIES, INC., 2900

EISENHOWER AVE., SUITE 300

(Street)

4. If Amendment, Date Original

Applicable Line)

_X__ Director

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

(Month/Day/Year)

02/08/2007

X Form filed by One Reporting Person Form filed by More than One Reporting

ALEXANDRIA, VA 22314

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)

2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if

(Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)

(A)

Price

5. Amount of Securities Beneficially Owned Following

Reported

Transaction(s) (Instr. 3 and 4) 6. Ownership 7. Nature of Indirect Form: Direct (D) or Beneficial Indirect (I) (Instr. 4)

Ownership (Instr. 4)

Common

Stock, par value \$.01

per share

02/08/2007

A 7,013

Code V Amount (D)

88,966.89 (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code Securities (Month/Day/Year)			7. Title and A Underlying S (Instr. 3 and	Securition	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Employee Stock Options (Right to Buy)	\$ 147.75	02/08/2007		A	44,010	02/08/2008(3)	02/08/2017	Common Stock	44,0

Reporting Owners

Reporting Owner Name / Address	Relationships				
- G	Director	10% Owner	Officer	Other	
NAUGHTON TIMOTHY J					
C/O AVALONBAY COMMUNITIES, INC.	X		President		
2900 EISENHOWER AVE., SUITE 300	71		Tresident		
ALEXANDRIA, VA 22314					

Signatures

Edward M. Schulman, as attorney-in-fact under Power of Attorney dated January 1, 2000

02/12/2007

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reflects grant of shares of restricted stock under the Company's Stock Option and Incentive Plan, which shares are subject to vesting **(1)** requirements.
- The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including **(2)** restricted shares.
- (3) These options vest in three annual installments, with the first installment vesting on 2/8/2008.
- Reflects grant of options under the Company's Stock Option and Incentive Plan.
- The amount of securities owned following the reported transaction includes options granted in prior periods with varying exercise prices **(5)** and vesting dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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