

HOWARD DR LAWRENCE

Form 4

January 10, 2003

1. Name and Address of Reporting Person  
Howard, Dr. Lawrence A.  
55 Executive Drive  
Hudson, NH 03051  
USA
2. Issuer Name and Ticker or Trading Symbol  
Presstek, Inc. (NASDAQ, PRST)
3. IRS or Social Security Number of Reporting Person (Voluntary)
4. Statement for Month/Year  
1/08/2003
5. If Amendment, Date of Original (Month/Day/Year)
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)  
 Director  10% Owner  
 Officer (give title below)  Other (specify below)
7. Individual or Joint/Group Filing (Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

TABLE I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Trans- action Date (Month/ Day/ Year)	3. Trans- action Code	4. Securities Acquired (A) or Disposed of (D)			5. Amou Secu Bene Owe End Mont	
			Code	V	Amount	A/D	Price

TABLE II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.	2.	3.	4.	5.	6.	7.	8.		
Title of Derivative Security	Deriv- ative Security	tion Date (Month/ Day/Year)	tion Code Code	tion Code V	Acquired (A) Disposed (D)	Date Exer- cisable	Expiration Date	Title Shares	Amount or Number of Shares
Stock Options (Right to buy)	\$4.67	01/08/2003	A		20000	01/08/2004	01/08/2013	Common Stock	20000