Edgar Filing: EBENSTEIN DANIEL S - Form 4

EBENSTEII Form 4	N DANIEL S										
November 0	9, 2004										
FORM Check th if no lon subject t Section Form 4 of Form 5 obligation may con <i>See</i> Instr 1(b).	A 4 UNITE his box ger o 16. or Filed section	Was F CHAN Section 1 Public Ut	Shington, GES IN SECUR 6(a) of the	D.C. 20 BENEF ITIES e Securit ling Con	549 ICIA ties E	LOW	COMMISSION NERSHIP OF e Act of 1934, E 1935 or Section 0	OMB Number: Expires: Estimated a burden hou response			
(Print or Type	Responses)										
EBENSTEIN DANIEL S Symbol			Symbol	: Name and FEK INC			-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Mont			3. Date of (Month/D 11/08/20	-	ansaction			Officer (give title 0/ 0/ 0/ 0/ 0/ 0/ 0/ 0/ 0/ 0/ 0/ 0/ 0/			
				endment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Aca	uired, Disposed of	. or Beneficial	lv Owned	
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Executio any		3. Transactic Code (Instr. 8) Code V	4. Securi on(A) or D (Instr. 3,	ties A ispose 4 and (A) or	cquired d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of	
Common Stock	11/08/2004			М	5,000	A	\$ 7.313	5,000	D		
Common Stock	11/08/2004			S	2,994	D	\$ 10.45	2,006	D		
Common Stock	11/08/2004			S	600	D	\$ 10.46	1,406	D		
Common Stock	11/08/2004			S	1,406	D	\$ 10.47	0	D		
Common Stock								3,000	Ι	By Child	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	ransaction of Derivative ode Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 I S (1
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (Right to buy)	\$ 7.313	11/08/2004		М		5,000	11/12/2000	11/12/2004	Common Stock	5,000	

Reporting Owners

Reporting Owner Name / Address		Relationships							
		Director	10% Owner	Officer	Other				
EBENSTEIN DANIEL	L S								
		Х							
HUDSON, NH 03051									
Signatures									
Daniel S									
Ebenstein	11/	09/2004							
<u>**</u> Signature of Reporting Person		Date							

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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