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	THOMAS J											
Form 4 April 02, 20)10											
FORM	14 UNITED	STATES			AND EX(n, D.C. 20		NGE CO	MMISSION	OMB AF OMB Number:	PROVAL 3235-0287		
Check this box if no longer subject to Section 16. Form 4 or		MENT OF	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						Expires: January 3 200 Estimated average burden hours per response 0			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type	Responses)											
REDDISH THOMAS J Syr			Symbol		nd Ticker or		Is	5. Relationship of Reporting Person(s) to Issuer				
			TRICO BANCSHARES / [tcbk]					(Check all applicable)				
(Last)				of Earliest Transaction Day/Year) 2010				Director 10% Owner X_ Officer (give title Other (specify below) below) EVP & Chief Financial Officer				
	(Street)		4 If Am	endment I	Date Original		6	. Individual or Joi				
				onth/Day/Year) Appli _X_H				pplicable Line) X_ Form filed by Or Form filed by Mo	licable Line) Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	(Zip)	Tab	ole I - Non	-Derivative	Securi	ties Acqui	red, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution any (Month/Da	ed Date, if	3. Transacti Code (Instr. 8)	4. Securitie omr Dispose (Instr. 3, 4	es Acq d of (I and 5) (A) or	uired (A)))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common				Code V		(D)	Price		-			
Stock	04/02/2010			J <u>(1)</u>	0	А	\$0	15,154	D			
Common Stock	04/01/2010			J <u>(2)</u>	8.0128	A	\$ 20.491	1,271.044	I	By minor daughter shares held with broker		
Common Stock	04/01/2010			J <u>(2)</u>	7.8371	A	\$ 20.491	1,243.1068	I	By minor son shares held with broker		

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Common Stock 04/01/2010 $J^{(2)}$ 35.0217 A $\stackrel{\$}{20.491}$ 5,555.2547 D $^{(3)}$

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. ionNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	;	ate	7. Title Amoun Underly Securit (Instr. 3	it of ying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
				Code V	7 (A) (D)	Date Exercisable	Expiration Date	Title I	Amount or Number of Shares		

Reporting Owners

**Signature of Reporting Person

Reporting Owner Name / Address	Relationships							
1 8	Director	10% Owner	Officer	Other				
REDDISH THOMAS J			EVP & Chief Financial Officer					

Signatures

Suzanne Youngs "Power of Attorney" 04/

04/02/2010

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) No transactions occurred among these shares, intended only to reflect number of shares beneficially owned.

(2) Please Note: The shares were acquired through dividend reinvestment for March 2010.

(3) Shares held with broker.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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