# SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

# FORM 8-K

**CURRENT REPORT** 

Pursuant To Section 13 or 15(d) of

the Securities Exchange Act of 1934

Date of Report: December 1, 2004

(Date of earliest event reported)

# THE NAUTILUS GROUP, INC.

(Exact name of registrant as specified in its charter)

Washington (State or other jurisdiction of

000-25867 (Commission File Number) 94-3002667 (I.R.S. Employer

incorporation)

Identification No.)

1400 NE 136th Avenue

Vancouver, Washington 98684

(Address of principal executive offices and zip code)

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(360) 694-7722

(Registrant s telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- " Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12(b) under the Exchange Act (17 CFR 240.14a-12(b))
- " Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- " Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

#### THE NAUTILUS GROUP, INC.

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## ITEM 5.02. DEPARTURE OF DIRECTORS OR PRINCIPAL OFFICERS;

ELECTION OF DIRECTORS; APPOINTMENT OF PRINCIPAL OFFICERS

(b) On December 1, 2004, Kirkland C. Aly resigned from the Board of Directors of The Nautilus Group, Inc. to pursue other personal opportunities. Mr. Aly has been a Board member since 1996 and was serving as a member of the Company s Audit Committee at the time of his resignation.

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## Signature

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE NAUTILUS GROUP, INC. (Registrant)

December 7, 2004

(Date)

By: /s/ Rod W. Rice

Rod W. Rice, Chief Financial Officer and Secretary