

RYANAIR HOLDINGS PLC  
Form 6-K  
August 12, 2014

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

For the month of August 2014

RYANAIR HOLDINGS PLC  
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual  
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information  
contained in this Form is also thereby furnishing the information to the  
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange  
Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant  
in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

12 August 2014

RYANAIR HOLDINGS PLC  
Ryanair Holdings PLC ("the Company")  
12 August 2014

The Company announced the appointment of Michael Cawley to its Board of Directors on 7 August 2014.

The Company hereby makes the following additional disclosures in respect of Mr. Cawley in compliance with Rule 6.6.7 (1) to (6) of the Listing Rules of the Irish Stock Exchange.

Mr. Cawley held a directorship in Paddy Power PLC and in Kingspan Group PLC during the last five years. He continues to hold these directorships.

The Company hereby confirms that Mr. Cawley has no further disclosures to make in accordance with Rule 6.6.7 (1) to (6) of the Listing Rules of the Irish Stock Exchange.

Contact:

Juliusz Komorek  
Company Secretary  
Tel: 00 3531 945 1212

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 12 August, 2014

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek

Company Secretary