JEREMIAH DAVID E

Form 4

December 16, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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if no longer subject to Section 16. Form 4 or

Check this box

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

1(b).

Class A

Stock

Common

12/14/2011

(Print or Type Responses)

See Instruction

1. Name and A JEREMIAH	Address of Reporting Person * I DAVID E	Symbol	and Ticker or Trading NTERNATIONAL Γ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 12015 LEE	(First) (Middle) JACKSON HIGHWAY	3. Date of Earlies (Month/Day/Year 12/14/2011		_X_ Director 10% Owner Officer (give title below) Other (specify below)			
(Street)		4. If Amendment,	, Date Original	6. Individual or Joint/Group Filing(Check			
FAIRFAX,	VA 22033	Filed(Month/Day/Y	(ear)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State) (Zip)	Table I - No	n-Derivative Securities A	equired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	any	ion Date, if Transa Code n/Day/Year) (Instr.	4. Securities Acquired action(A) or Disposed of (D) (Instr. 3, 4 and 5) 8) (A) or V Amount (D) Price	Securities Form: Direct Indirect Beneficially (D) or Beneficial Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported Transaction(s) (Instr. 3 and 4)			
Common Stock	12/14/2011	M	5,000 A \$16	10,000 D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

S

5,000

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D

\$

(1)

31.76 5,000

D

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number out Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 16	12/14/2011		M	5,000	(2)	02/06/2012	Class A Common Stock	5,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
JEREMIAH DAVID E 12015 LEE JACKSON HIGHWAY FAIRFAX, VA 22033	X					

Signatures

/s/ Michael R. Putnam, by Power of Attorney

12/16/2011

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - The price of the stock sold in column 4 is a weighted average price. The prices actually received for the sale ranged from \$31.74 to
- (1) \$31.84. For all weighted average prices reported in this Form 4, the reporting person will provide the issuer, any stockholder of the issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range.
- (2) The options were granted on February 6, 2002, with one-third of the total grant vesting on February 6, 2003, one-third of the total grant vesting on February 6, 2004, and the remaining one-third vesting on February 6, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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