ENTERRA ENERGY TRUST Form 6-K August 21, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 under the Securities Exchange Act of 1934

For the month of August 2006

Commission File Number: 0-32115

Enterra Energy Trust

(Translation of registrant's name into English)

2600, 500-4th Avenue S.W.

Calgary, Alberta T2P 2V6

Canada

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F____ Form 40-F ___X__

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Yes _____ No <u>X</u>___

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

Yes _____ No__X_

Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes	No	X
1 03	110_	

If Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b):
The documents attached as Exhibit 99.1 to this 6-K shall be incorporated by reference into the Registration Statement under the Securities Act of 1933 on Form F-10 Registration Statement (No. 333-129601), the registration statement of Form S-8 (No. 333-120996) and the Registration Statements on Form F-3 (Nos. 333-113609 and 333-115318).
The Issuer is filing material documents not previously filed.

TABLE OF CONTENTS

The	follow	ing o	documents	are	filed	as	part	of	this	Form	6-K:

Exhibit Description
99.1 News Release

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Date: August 21, 2006
Enterra Energy Trust
By:
/s/ Victor Roskey
Name:
Victor Roskey
Title:
Senior Vice-President Finance and Administration and Interim Chief Financial Officer

EXHIBIT INDEX

Exhibit Description
99.1 News Release