Edgar Filing: Nightingale Timothy P - Form 4

Nightingale ' Form 4	Timothy P										
October 01, 2	2012										
FORM A								OMB APPROVAL			
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
(Print or Type F	Responses)										
Nightingale Timothy PSymbolCAI			Symbol	⁻ Name and EN NATI			-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 2 ELM STREET / PO BOX 310			3. Date of Earliest Transaction (Month/Day/Year) 09/28/2012					Director 10% Owner XOfficer (give title Other (specify below) below) Executive Vice President			
				ndment, Da hth/Day/Year)	-	1		 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 			
(City)	(State)	(Zip)				~					
1.Title of Security (Instr. 3)	1.Title of2. Transaction Date2A. DeemedSecurity(Month/Day/Year)Execution Date, if		a I - Non-D 3. Transactic Code (Instr. 8)	4. Securi	ties A ispose	cquired d of (D)	Juired, Disposed of, 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	or Beneficial 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of		
Common Stock	09/28/2012			Code V M	Amount 1,500	(D) A	Price \$ 23.08	(1150. 3 and 4)	D		
Common Stock	09/28/2012			D	1,100	D	\$ 37.33	11,134.351	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	onof Da Secu Acqu (A) c Disp (D)	rities nired or osed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 23.08	09/28/2012		М		1,500	01/28/2003	01/28/2013	Common Stock	1,500
Employee Stock Option (right to buy)	\$ 36.69						01/25/2005	01/25/2015	Common Stock	2,500
Employee Stock Option (right to buy)	\$ 34.95						02/13/2006	02/13/2016	Common Stock	1,500
Employee Stock Option (right to buy)	\$ 44.51						02/12/2007	02/12/2017	Common Stock	2,000
Employee Stock Option (right to buy)	\$ 24.46						02/24/2009	02/24/2019	Common	2,500

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Nightingale Timothy P 2 ELM STREET / PO BOX 310			Executive Vice					

Reporting Owners

CAMDEN, ME US 04843

President

Signatures

Susan M. Westfall, POA 10/01/2012

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.