

CELADON GROUP INC
Form 4
February 21, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Expires: January 31, 2015
Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
HEYWORTH ANTHONY

(Last) (First) (Middle)

ONE CELADON DRIVE, 9503
EAST 33RD ST.

(Street)

INDIANAPOLIS, IN 46235-4207

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
CELADON GROUP INC [CGI]

3. Date of Earliest Transaction
(Month/Day/Year)
02/19/2014

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	02/19/2014		M	9,000	A \$ 7.08	68,691	D
Common Stock	02/19/2014		S	215	D \$ 21.221	68,476	D
Common Stock	02/19/2014		S	100	D \$ 21.23	68,376	D
Common Stock	02/19/2014		S	300	D \$ 21.251	68,076	D
Common Stock	02/19/2014		S	3,000	D \$ 21.26	65,076	D

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Common Stock	02/19/2014	S	300	D	\$ 21.261	64,776	D
Common Stock	02/19/2014	S	275	D	\$ 21.27	64,501	D
Common Stock	02/19/2014	S	100	D	\$ 21.275	64,401	D
Common Stock	02/19/2014	S	200	D	\$ 21.28	64,201	D
Common Stock	02/19/2014	S	3,600	D	\$ 21.291	60,601	D
Common Stock	02/19/2014	S	610	D	\$ 21.295	59,991	D
Common Stock	02/19/2014	S	300	D	\$ 21.3	59,691	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
Non-Employee Director Stock Option (Right to Buy)	\$ 7.08	02/19/2014		M	9,000	10/29/2004 04/29/2014	Common Stock 9,000

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

HEYWORTH ANTHONY
ONE CELADON DRIVE
9503 EAST 33RD ST.
INDIANAPOLIS, IN 46235-4207

X

Signatures

/s/ Anthony Heyworth, by Heidi Hornung-Scherr, attorney-in-fact, pursuant to a POA
previously filed with the SEC

02/21/2014

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Grant of option to purchase reflects adjustments for previous stock splits. Transaction involves exercise of an option to purchase 9,000
(1) shares of the Issuer's Common Stock at an exercise price of \$7.08. Upon exercise, the derivative security converts on a one-for-one basis
into the Issuer's Common Stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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