

J2 GLOBAL COMMUNICATIONS INC
 Form 4
 May 10, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
BECH DOUGLAS Y

2. Issuer Name and Ticker or Trading Symbol
J2 GLOBAL COMMUNICATIONS INC [JCOM]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
05/06/2011

Director 10% Owner
 Officer (give title below) Other (specify below)

6922 HOLLYWOOD BLVD.

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

LOS ANGELES, CA 90028

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock, \$0.01 par value	05/06/2011		M ⁽¹⁾		25,000	A	\$ 3.525
					193,205		⁽²⁾
Common Stock, \$0.01 par value	05/06/2011		M ⁽¹⁾		100,000	A	\$ 9.545
					293,205		⁽²⁾
Common Stock, \$0.01 par value	05/06/2011		M ⁽¹⁾		60,000	A	\$ 18.765
					353,205		⁽²⁾

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Common Stock, \$0.01 par value	05/06/2011	M ⁽¹⁾	25,000	A	\$ 4.47	378,205 ⁽²⁾	D
Common Stock, \$0.01 par value	05/06/2011	S	79,000	D	\$ 29.2449 ⁽³⁾	299,205 ⁽²⁾	D
Common Stock, \$0.01 par value	05/09/2011	S	52,440	D	\$ 29.2801 ⁽⁴⁾	246,765 ⁽²⁾	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount of Number of Shares
Option to purchase Common Stock	\$ 3.525	05/06/2011		M	25,000	⁽⁵⁾ 06/25/2012	Common Stock, \$0.01 par value 25,000
Option to purchase Common Stock	\$ 9.545	05/06/2011		M	100,000	⁽⁷⁾ 03/24/2014	Common Stock, \$0.01 par value 100,000
Option to purchase Common Stock	\$ 18.765	05/06/2011		M	60,000	⁽⁸⁾ 08/31/2015	Common Stock, \$0.01 par value 100,000
Option to purchase Common Stock	\$ 4.47	05/06/2011		M	25,000	⁽⁹⁾ 06/25/2012	Common Stock, \$0.01 par value 25,000

