DEAN FOODS CO/ Form 4

December 05, 2005

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

Number:

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Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * FROMBERG BARRY A			aer Name an l N FOODS	d Ticker or Trading CO/ [DF]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	Middle) 3. Date	of Earliest T	ransaction	(Che	ск ан аррисавіс	·)	
2515 MCK 30, SUITE	INNEY AVENU 1200	(Month	/Day/Year)		DirectorX Officer (give below) Execu			
	(Street)	4. If A	nendment, D	ate Original	6. Individual or J	loint/Group Filir	g(Check	
DALLAS,	ГХ 75201	Filed(M	Ionth/Day/Yea	r)	Applicable Line) _X_ Form filed by Form filed by Person			
(City)	(State)	(Zip) Ta	ble I - Non-	Derivative Securities Acc	quired, Disposed o	of, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Code	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	

(Instr. 3 and 4) Amount (D) Price Common 12/02/2005 M 25,000 A \$0 58,088.001 D Stock Common 12/02/2005(1) S 15,000 D 43,088.001 D Stock Common S D 12/02/2005(1) 10,000 D 33,088.001

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control

Reported

Transaction(s)

(A)

(Instr. 4)

number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	orDeriv Secur Acqu	rities ired (A) sposed of . 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am or Num of S
Deferred Stock Units (DU000093)	\$ 0						01/13/2005	01/13/2014	Common Stock	12
Deferred Stock Units (TU905827) (2)	\$0						01/13/2005	01/13/2014	Common Stock	2,
Restricted Stock Units (DF902033) (2)	\$ 0						01/07/2006	01/07/2015	Common Stock	20
Restricted Stock Units (TU905726) (2)	\$ 0						01/07/2006	01/07/2015	Common Stock	3,
Incentive Stock Option (right to buy - DF002195) (3)	\$ 20.9355						01/06/2004	01/06/2013	Common Stock	4,
Incentive Stock Option (right to buy - T0001047) (3)	\$ 20.9355						01/06/2004	01/06/2013	Common Stock	7
Incentive Stock Option (right to buy - DF003306) (3)	\$ 26.3199						01/13/2005	01/13/2014	Common Stock	1,
Incentive Stock Option (right to buy - T0001768) (3)	\$ 26.3199						01/13/2005	01/13/2014	Common Stock	1
Incentive Stock Option	\$ 26.8941						01/07/2006	01/07/2015	Common Stock	5,

(right to buy - DF902167) (3)								
Incentive Stock Option (right to buy - T0001365) (3)	\$ 26.8941				01/07/2006	01/07/2015	Common Stock	ϵ
Non-Qualified Stock Option (right to buy - T0000579) (3)	\$ 13.7918				07/31/1999	07/31/2008	Common Stock	3,
Non-Qualified Stock Option (right to buy - T0000608) (3)	\$ 13.7918				07/31/1999	07/31/2008	Common Stock	11
Non-Qualified Stock Option (right to buy - T0000499) (3)	\$ 12.1383				01/22/2002	01/22/2011	Common Stock	
Non-Qualified Stock Option (right to buy - T0003349) (3)	\$ 12.1383				01/22/2002	01/22/2011	Common Stock	
Non-Qualified Stock Option (right to buy - DF001523) (3)	\$ 17.1835	12/02/2005	M	9,046	01/14/2003	01/14/2012	Common Stock	9,
Non-Qualified Stock Option (right to buy - T0000623) (3)	\$ 17.1835	12/02/2005	M	15,954	4 01/14/2003	01/14/2012	Common Stock	15
Non-Qualified Stock Option (right to buy - DF001332) (3)	\$ 17.1835				01/14/2003	01/14/2012	Common Stock	75
Non-Qualified Stock Option (right to buy - DF002196) (3)	\$ 20.9355				01/06/2004	01/06/2013	Common Stock	27
Non-Qualified Stock Option (right to buy - T0000609) (3)	\$ 20.9355				01/06/2004	01/06/2013	Common Stock	16
Non-Qualified Stock Option (right to buy -	\$ 26.3199				01/13/2005	01/13/2014	Common Stock	46

DF003307) (3)					
Non-Qualified Stock Option (right to buy - TU000197) (3)	\$ 26.3199	01/13/2005	01/13/2014	Common Stock	2,
Non-Qualified Stock Option (right to buy - T0000695) (3)	\$ 26.3199	01/13/2005	01/13/2014	Common Stock	8,
Non-Qualified Stock Option (right to buy - TU000198) (3)	\$ 26.3199	01/13/2005	01/13/2014	Common Stock	3
Non-Qualified Stock Option (right to buy - DF902168) (3)	\$ 26.8941	01/07/2006	01/07/2015	Common Stock	50
Non-Qualified Stock Option (right to buy - T0000699) (3)	\$ 26.8941	01/07/2006	01/07/2015	Common Stock	9,
Non-Qualified Stock Option (right to buy - TU000199) (3)	\$ 26.8941	01/07/2006	01/07/2015	Common Stock	3

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
FROMBERG BARRY A 2515 MCKINNEY AVENUE, LB 30, SUITE 1200 DALLAS, TX 75201			Executive Vice President			

Signatures

Barry A.

Fromberg 12/05/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Sales are pursuant to a 10b5-1 Sales Plan dated November 7, 2005, between reporting person and Bear Stearns & Co., Inc., acting as

(1) agent, to permit the orderly disposition of a portion of the reporting person's holdings of the Issuer's common stock, par value \$01 per share.

Reporting Owners 4

- A Stock Unit, which is issued under the Company's 1989 Stock Awards Plan, is a right to receive one share of Common Stock of the (2) Issuer in the future, subject to the terms and conditions of the award agreement. The units vest annually, on a prorata basis, over a
- (2) Issuer in the future, subject to the terms and conditions of the award agreement. The units vest annually, on a prorata basis, over a five-year period beginning on the first anniversary date of grant, subject to certain accelerated vesting provisions.
- (3) The shares of common stock subject to the Option vest ratably in three equal increments commencing on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.