

J2 GLOBAL COMMUNICATIONS INC  
 Form 4  
 May 10, 2005

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**RESSLER RICHARD S**

(Last) (First) (Middle)

C/O J2 GLOBAL COMMUNICATIONS, INC., 6922 HOLLYWOOD BLVD, SUITE 500

(Street)

LOS ANGELES, CA 90028

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
**J2 GLOBAL COMMUNICATIONS INC [jcom]**

3. Date of Earliest Transaction (Month/Day/Year)  
 05/06/2005

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock, \$0.01 par value <sup>(2)</sup>	05/06/2005		S		580	D	\$ 35.88
					569,896	I <sup>(1)</sup>	
Common Stock, \$0.01 par value	05/06/2005		S		20,972	D	\$ 36
					548,924	I <sup>(1)</sup>	
Common Stock,	05/06/2005		S		4,492	D	\$ 36.01
					544,432	I <sup>(1)</sup>	

By Orchard/JFAX Investors, LLC

By Orchard/JFAX Investors, LLC

By Orchard/JFAX

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\$0.01 par value									Investors, LLC
Common Stock, \$0.01 par value	05/06/2005	S	500	D	\$ 36.02	543,932	I <sup>(1)</sup>		By Orchard/JFAX Investors, LLC
Common Stock, \$0.01 par value	05/06/2005	S	5,400	D	\$ 36.05	538,532	I <sup>(1)</sup>		By Orchard/JFAX Investors, LLC
Common Stock, \$0.01 par value	05/06/2005	S	3,018	D	\$ 36.06	535,514	I <sup>(1)</sup>		By Orchard/JFAX Investors, LLC
Common Stock, \$0.01 par value	05/06/2005	S	2,810	D	\$ 36.07	532,704	I <sup>(1)</sup>		By Orchard/JFAX Investors, LLC
Common Stock, \$0.01 par value	05/06/2005	S	863	D	\$ 36.08	531,841	I <sup>(1)</sup>		By Orchard/JFAX Investors, LLC
Common Stock, \$0.01 par value	05/06/2005	S	1,690	D	\$ 36.11	530,151	I <sup>(1)</sup>		By Orchard/JFAX Investors, LLC
Common Stock, \$0.01 par value	05/06/2005	S	300	D	\$ 36.13	529,851	I <sup>(1)</sup>		By Orchard/JFAX Investors, LLC
Common Stock, \$0.01 par value	05/06/2005	S	14,375	D	\$ 36.15	515,476	I <sup>(1)</sup>		By Orchard/JFAX Investors, LLC

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion or Exercise	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transaction Code	5. Number of	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying	8. Price of Derivative Security	9. Nu Deriv Secur
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