Lescalleet Thomas M. Form 4 October 29, 2018

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION							
Washington, D.C. 20549							

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Expires: January 31, 2005
Estimated average

0.5

Section 16. Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

SECURITIES

burden hours per response...

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *
Lescalleet Thomas M.

2. Issuer Name and Ticker or Trading
Symbol
Symbol
GRIFFIN INDUSTRIAL REALTY,

GRIFFIN INDUSTRIAL REALTY, INC. [GRIF]

(Check all applicable)

SVP, Griffin Indust division

(Last) (First) (Middle) 3. Date of Ea

3. Date of Earliest Transaction

(Month/Day/Year)

Director

Officer (give title _X_ Other (specify below)

C/O GRIFFIN INDUSTRIAL REALTY, INC., 204 WEST NEWBERRY ROAD

(Street)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Filed (Month/Day/Year)

10/25/2018

Applicable Line)
X Form filed by One Reporting Person
___ Form filed by More than One Reporting

Person

BLOOMFIELD, CT 06002

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		sed of 4 and (A) or	` '	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock (exercise of options)	10/25/2018		M	3,322	A	\$ 28.77	3,322	D		
Common Stock	10/25/2018		S	3,322	D	\$ 36.0048	0	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number conf Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options	\$ 28.77	10/25/2018		X		1,025	01/20/2015	01/19/2021	Common Stock	1,025
Stock Options	\$ 28.77	10/25/2018		X	7	2,297	01/20/2016	01/19/2021	Common Stock	2,297

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Lescalleet Thomas M. C/O GRIFFIN INDUSTRIAL REALTY, INC. 204 WEST NEWBERRY ROAD BLOOMFIELD, CT 06002

SVP, Griffin Indust division

Signatures

/s/Thomas M. 10/29/2018 Lescalleet

**Signature of Reporting Date
Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).