Lescalleet Thomas M. Form 4 August 20, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Lescalleet Thomas M.			2. Issuer Name and Ticker or Trading Symbol GRIFFIN INDUSTRIAL REALTY, INC. [GRIF]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
	(First) IN INDUSTRL NC., 204 WES' Y ROAD		3. Date of Earliest Transaction (Month/Day/Year) 08/16/2018					Director 10% Owner Officer (give titleX Other (specify below) SVP, Griffin Indust division			
DI OOMEII	(Street)		endment, Da nth/Day/Year	_	.1		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
	ELD, CT 06002							Person			
(City)	(State)	(Zip)	Tab	le I - Non-D	D erivative	Secur	rities Acq	uired, Disposed o	of, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Day/Yea	Date 2A. Deemed ear) Execution Date, if any (Month/Day/Year)		Code (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
				Code V	Amount		Price	(Instr. 3 and 4)			
Common Stock (exercise of options)	08/16/2018			M	976	A	\$ 33.07	976	D		
Common Stock	08/16/2018			S	976	D	\$ 39.62	0	D		
Common Stock (exercise of options)	08/17/2018			M	1,076	A	\$ 28.77	1,076	D		

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Common 1,076 D \$ 39.52 0 08/17/2018 S D Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	sactionof Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. P Der Sect (Ins
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options	\$ 33.07	08/16/2018		X		976	01/21/2014	01/20/2019	Common Stock	976	\$ 3
Stock Options	\$ 28.77	08/17/2018		X		602	01/20/2014	01/19/2021	Common Stock	602	\$ 2
Stock Options	\$ 28.77	08/17/2018		X		474	01/20/2015	01/19/2021	Common Stock	474	\$ 2

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

Lescalleet Thomas M. C/O GRIFFIN INDUSTRIAL REALTY, INC. 204 WEST NEWBERRY ROAD BLOOMFIELD, CT 06002

SVP, Griffin Indust division

Signatures

Thomas M. 08/20/2018 Lescalleet

**Signature of Date Reporting Person

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.