US ENERGY CORP Form 8-K November 16, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (date of earliest event reported): November 16, 2006 (November 16, 2006)

U.S. ENERGY CORP.

(Exact Name of Company as Specified in its Charter)

Wyoming	0-6814	83-0205516
(State or other jurisdiction of	(Commission File No.)	(I.R.S. Employer
incorporation or organization)		Identification No.)

Glen L. Larsen Building 877 North 8th West Riverton, WY

Riverton, WY(Address of principal executive

(Zip Code)

offices)

Registrant's telephone number, including area code: (307) 856-9271

Not Applicable
Former Name, Former Address or Former Fiscal Year,,
If Changed From Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2):

- o Written communications pursuant to Rule 425 under the Securities Act
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act

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Section 7: Regulation FD Disclosure

Item 7.01. Regulation FD Disclosure

On November 16, 2006, U.S. Energy Corp. issued a press release concerning results of operations for the nine months ended September 30, 2006, balance sheet information as of that date, and developments since that date. That press release, a copy of which is attached as exhibit 99.1, is incorporated by reference into this Form 8-K report.

Section 9: Financial Statements and Exhibits

Item 9.01. Financial Statements and Exhibits

Exhibit 99.1 Press release dated November 16, 2006

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

U.S. ENERGY CORP.

Dated: November 16, 2006 By: /s/ Keith G. Larsen

Keith G. Larsen, CEO

2

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