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Check this box if no longer subject to Section 16. Section 16. Number: January 31 Section 16. SECURITIES										3235-0287 January 31, 2005 average irs per	
APPLEBAUM HOWARD M Sym STI (Last) (First) (Middle) 3. D				2. Issuer Name and Ticker or Trading Symbol STERLING BANCORP [STL] 3. Date of Earliest Transaction Month/Day/Year)				5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
650 FIFTH AVENUE 03/2 (Street) 4. If			03/26/20 4. If Amer	03/26/2012 4. If Amendment, Date Original Filed(Month/Day/Year)				X Officer (give title Other (specify below) below) Senior Vice President 6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person			
NEW YOR	K, NY 10019-610 (State)	08 (Zip)	Table	e I - Non-D	erivative S	Securi	ties Acc	Form filed by M Form filed by M Person quired, Disposed of	Nore than One Ro	eporting	
1.Title of Security (Instr. 3) Common Stock	2. Transaction Dat (Month/Day/Year) 03/26/2012		n Date, if	3. Transactic Code (Instr. 8) Code V F	4. Securi on(A) or Di (D) (Instr. 3, Amount 581	ispose	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 41,994	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Amou Under Secur	le and ant of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
APPLEBAUM HOWARD M 650 FIFTH AVENUE NEW YORK, NY 10019-6108			Senior Vice President					
Signatures								
Howard M Applebaum 03/2	27/2012							

<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.