#### STERLING BANCORP

Form 4

February 22, 2007

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB** 

**OMB APPROVAL** 

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may continue.

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if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \* **ROSSIDES EUGENE T** 

2. Issuer Name and Ticker or Trading Symbol

STERLING BANCORP [STL]

5. Relationship of Reporting Person(s) to

Issuer

(Last)

(Middle)

(Zip)

3. Date of Earliest Transaction

(Check all applicable)

650 FIFTH AVENUE, 4TH FLOOR

(First)

(Street)

(State)

(Month/Day/Year) 02/14/2007

X\_ Director 10% Owner Other (specify Officer (give title

6. Individual or Joint/Group Filing(Check

Applicable Line)

4. If Amendment, Date Original Filed(Month/Day/Year)

> \_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

below)

NEW YORK, NY 10019

(City)

		Tabi	ble 1 - Non-Derivative Securities Acquired, Disposed of, or Deficientially Owned						y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any	3. Transaction	4. Securit on(A) or Dis (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially	6. Ownership Form: Direct	7. Nature of Indirect Beneficial
(msu. 3)		(Month/Day/Year)	(Instr. 8)	(msu. 3,	(A) or	,	Owned Following Reported Transaction(s) (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
			Code V	Amount	(D)	Price	(Instr. 5 and 1)		
Common Stock	02/14/2007		S	4,700	D	\$ 19.01	16,182	D	
Common Stock	02/15/2007		S	12,000	D	\$ 18.75	4,182	D	
Common Stock	02/16/2007		S	2,182	D	\$ 18.65	2,000	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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# $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. DrNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year	~		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares	
Non-qualified Stock Options (right to buy)	\$ 18.91					06/28/2003(1)	06/28/2007	Common Stock	9,603	
Non-qualified Stock Options (right to buy)	\$ 18.78					07/31/2004(1)	07/31/2008	Common Stock	4,573	
Non-qualified Stock Options (right to buy)	\$ 21.93					06/30/2005(1)	06/30/2009	Common Stock	4,72	
Non-qualified Stock Options (right to buy)	\$ 21.41					07/30/2005(1)	07/30/2009	Common Stock	4,573	
Non-qualified Stock Options (right to buy)	\$ 15.82					07/31/2003(1)	07/31/2007	Common Stock	4,573	
Non-qualified Stock Options (right to buy)	\$ 20.34					12/19/2005(2)	06/30/2010	Common Stock	4,72	
Non-qualified Stock Options (right to buy)	\$ 19.5					06/30/2007(3)	06/30/2011	Common Stock	4,72	
Non-qualified Stock Options (right to buy)	\$ 17.73					06/30/2004(1)	06/30/2008	Common Stock	4,72	

# **Reporting Owners**

porting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

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ROSSIDES EUGENE T 650 FIFTH AVENUE 4TH FLOOR NEW YORK, NY 10019

X

## **Signatures**

/s/ Rossides, Eugene T 02/22/2007

\*\*Signature of Date
Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Transfer of shares acquired by exercise of non-qualified stock options is restricted to even installments over a four year period commencing on the first anniversary of the grant.
- On December 15, 2005 the Board of Directors voted to accelerate the vesting and exercisability of any outstanding unvested and (2) unexercisable non-qualified stock options held by non-employee directors, effective as of December 19, 2005; provided, however, that transfer of shares acquired by such exercise is restricted until the date that the option would have been exercisable prior to such change.
- (3) Non-employee directors were granted options for 4,753 shares of common stock pursuant to the final grant under an automatic grant of options adopted in 2002.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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