HELIX ENERGY SOLUTIONS GROUP INC Form 8-K

May 25, 2012

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): May 24, 2012

Helix Energy Solutions Group, Inc. (Exact name of registrant as specified in its charter)

Minnesota	001-32936	95-3409686	
(State or other jurisdiction	(Commission File Number)	(IRS Employer Identification No.)	
of incorporation)			
400 N. Sam Houston Parkway E., Suite 400	281-618-0400	77060	
Houston, Texas	(Registrant's telephone number,	(Zip Code)	
(Address of principal executive offices)	including area code)		
Check the appropriate box below if the Form	a 8-K filing is intended to simultane	eously satisfy the filing obligation of	
the registrant under any of the following pro	_		
_ Written communications pursuant to Rule	e 425 under the Securities Act (17 C	CFR 230.425)	
-			
_ Soliciting material pursuant to Rule 14a-1	2 under the Exchange Act (17 CFR	R 240.14a-12)	
		,	
_ Pre-commencement communications purs	suant to Rule 14d-2(b) under the Ex	schange Act (17 CFR 240.14d-2(b))	
		<i>E</i> (
_ Pre-commencement communications purs	suant to Rule 13e-4(c) under the Ex	change Act (17 CFR 240.13e-4(c))	

Item 7.01	Regulation	FD Disclosu	re.
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Helix Energy Solutions Group, Inc. (the "Company") is disclosing an updated Company presentation to be used in communications with investors as well as upcoming investor conferences. The presentation materials include an overview of the Company's strategic areas of focus. The presentation materials are attached hereto as Exhibit 99.1 and incorporated by reference herein. The presentation materials will also be posted in the Presentations section under Investor Relations of Helix's website, www.HelixESG.com.

Item	9.01	Financi	ial Sta	tements	and	Exhibits

(d) Exhibits.

Number Description

99.1 Materials to be presented at the conferences.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: May 24, 2012

HELIX ENERGY SOLUTIONS GROUP, INC.

By: /s/ Alisa B. Johnson

Alisa B. Johnson

Executive Vice President and General Counsel

Exhibit No.	Description
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