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Check this box if no longer subject to Section 16. Section 16. Section 26. Secti									3235-0287 January 31, 2005 Iverage		
(Print or Type I	Responses)										
(Last) (First) (Middle)			 2. Issuer Name and Ticker or Trading Symbol ALFA CORP [ALFA] 3. Date of Earliest Transaction (Month/Day/Year) 					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
			10/31/2005					X Officer (give title Other (specify below) below) Sr. VP, CFO & CIO			
			If Amendment, Date Original iled(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 			
(City)	(State)	(Zip)	Table I	- Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if T C V/Year) (I	ransactic ode instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	10/31/2005	10/31/200		М	2,015	A	\$ 8.5	29,863.65	D		
Common Stock	11/01/2005			М	4,417	А	\$ 8.5	32,265.65	D		
Common Stock	11/01/2005			S	4,417	D	\$ 16.71	27,848.65	D		
Common Stock								15,381	Ι	By 401(k)	
Common Stock								13,327	Ι	By Trust	

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Common Stock 10/31/2005 S 2,015 D ^{\$} 27,848.65 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shares
Stock Option (right to buy)	\$ 8.5	10/31/2005	10/31/2005	М	2,015	05/03/2001(1)(2)	05/02/2010	Common Stock	2,01
Stock Option (right to buy)	\$ 8.5	11/01/2005		М	4,417	05/03/2001(1)(2)	05/02/2010	Common Stock	4,41

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director 10% Owner Officer		Other					
RUTLEDGE STEPHEN G 2108 E.S. BOULEVARD MONTGOMERY, AL 36116			Sr. VP, CFO & CIO					
Signatures								
By: Stephen G. Rutledge	11/02/200	5						
**Signature of Reporting	Date							

Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All options vest one-third per year for the first three years, with the first one-third vesting one year after date granted.
- (2) Mr. Rutledge exercised and sold these options on the same day.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.