#### BIELAN JUDITH Q

Form 4

December 18, 2018

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB APPROVAL** 

**OMB** 3235-0287 Number:

January 31, Expires: 2005

Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

**SECURITIES** Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

2. Issuer Name and Ticker or Trading

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person \*

BIELAN JUDITH Q				Symbol BCB BANCORP INC [BCBP]				g	Issuer			
	(Last)	(First) (I	Middle)	3. Date of Earliest Transaction					(Check all applicable)			
104-110 AVENUE C			(Month/Day/Year) 12/14/2018					X_ Director 10% Owner Officer (give title below) Other (specify below)				
(Street) BAYONNE, NJ 07002				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
									Person			
	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
	1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any	emed on Date, if Day/Year)	Code (Instr. 8)	4. Secur onAcquired Disposed (Instr. 3,	(A) of (B) 4 and (A) or	))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock	12/14/2018			A	4,500 (1)	A	\$0	74,947	D		
	Common Stock								9,484	I	By IRA	
	Common Stock								8,371	I	By Spouse's IRA	
	Common Stock								39	I	By Child	
	Common								38	Ţ	By Child	

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By Child

### Edgar Filing: BIELAN JUDITH Q - Form 4

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of corderivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Y	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (E	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options	\$ 11.26	12/14/2018		A	25,000 (2)	12/14/2019	12/14/2028	Common Stock	25,000 (2)	
Stock Options	\$ 12.4					09/13/2018	09/13/2027	Common Stock	25,000	
Stock Options	\$ 10.92					09/16/2017	09/16/2026	Common Stock	10,000	
Stock Options	\$ 10.78					12/03/2016	12/03/2025	Common Stock	10,000	
Stock Options	\$ 13.32					03/07/2015	03/07/2024	Common Stock	10,000	
Stock Options	\$ 9.03					01/17/2014	01/17/2023	Common Stock	10,000	
Stock Options	\$ 8.93					09/29/2012	09/29/2021	Common Stock	5,000	

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
Toporting of more remote requirement	Director	10% Owner	Officer	Other			
BIELAN JUDITH Q							
104-110 AVENUE C	X						
BAYONNE, NJ 07002							

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## **Signatures**

/s/ Thomas Keating, pursuant to power of attorney

12/18/2018

\*\*Signature of Reporting Person

Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares of restricted stock vest at a rate of 50% per year commencing on December 14, 2019.
- (2) Stock options vest at a rate of 50% per year commencing on December 14, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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