Connors John P Jr Form 4 December 18, 2018

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Connors John P Jr Issuer Symbol Northfield Bancorp, Inc. [NFBK] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) _X__ Director 10% Owner _ Other (specify Officer (give title 581 MAIN STREET 12/14/2018 below) (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

Person

WOODBRIDGE, NJ 07095

(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	2.8)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	12/14/2018		M	20,000	A	\$ 7.085	140,001	D	
Common Stock	12/14/2018		F	10,559	D	\$ 13.42	129,442	D	
Common Stock	12/18/2018		M	7,220	A	\$ 7.085	136,662	D	
Common Stock	12/18/2018		F	3,876	D	\$ 13.2	132,786	D	
Common Stock							7,041	I	By IRA 1
							841	I	

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Common Stock			By Spouse's IRA
Common Stock	30,081	I	By IRA 2

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun Underlying Securiti (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amor or Numl of Sh
Stock Appreciation Rights	\$ 7.085	12/14/2018		M	20,000	01/30/2010	01/30/2019	Common Stock	20,0
Stock Appreciation Rights	\$ 7.085	12/18/2018		M	7,220	01/30/2010	01/30/2019	Common Stock	7,2
Stock Options	\$ 13.13					06/11/2015	06/11/2024	Common Stock	75,0
Stock Options	\$ 14.76					05/27/2016	05/27/2025	Common Stock	32,0

Reporting Owners

Reporting Owner Name / Address	Relationships					
Toporous o mar rumo / rumo os	Director	10% Owner	Officer	Other		
Connors John P Jr						
581 MAIN STREET	X					
WOODBRIDGE, NJ 07095						

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Signatures

/s/ Steven M. Klein, pursuant to Power of Attorney

12/18/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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