## Edgar Filing: Para Daniel - Form 4

June 03, 2010 FORM 4 UNITED STATES										
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue Section 17(a) of the Public Utility Holding Compa					CIAL OWNERSHIP OF Estimated averag burden hours per response Estimated averag burden hours per response					
es)										
Para Daniel Symbol EXPRE			ESS-1 EXPEDITED				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
, , , ,	3. Date of Earliest Transaction (Month/Day/Year) 06/02/2010			X_ DirectorX_ 10% Owner Officer (give title Other (specify below) below)						
	4. If Amendment, Date Original Filed(Month/Day/Year)			<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>						
						Person				
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deem Execution any		ed 3. 4. Secur Date, if TransactionAcquire Code Dispose			or 9)	5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or	7. Nature of Indirect Beneficial Ownership		
/2010		Code V S		. ,	Price \$ 1.4	Following Reported Transaction(s) (Instr. 3 and 4) 3,441,901	Indirect (I) (Instr. 4)	(Instr. 4) By Daniel Para Investments, LLC <sup>(1)</sup>		
	STATEMENT O Filed pursuant to Section 17(a) of the 30(h) es) of Reporting Person <u>*</u> rst) (Middle) S AVENUE, reet) VE, IL 60515 ate) (Zip) asaction Date 2A. Deen h/Day/Year) Executio any	Wa STATEMENT OF CHAN Filed pursuant to Section 1 Section 17(a) of the Public U 30(h) of the Ir es) of Reporting Person 1 2. Issue Symbol EXPRE SOLUT rst) (Middle) 3. Date o (Month/I AVENUE, 06/02/2 reet) 4. If Ama Filed(Mo VE, IL 60515 ate) (Zip) Tab assaction Date 2A. Deemed Month/Day/Year) Execution Date, if any (Month/Day/Year)	Washington         STATEMENT OF CHANGES IN SECUE         Filed pursuant to Section 16(a) of the Section 17(a) of the Public Utility Hol 30(h) of the Investment         (a) (b) of the Public Utility Hol 30(h) of the Investment         es)         of Reporting Person *         Of Reporting Person *         (Middle)         Symbol EXPRESS-1 EX SOLUTIONS IN SOLU	Washington, D.C. 24         STATEMENT OF CHANGES IN BENEF SECURITIES         Filed pursuant to Section 16(a) of the Securi Section 17(a) of the Public Utility Holding Con 30(h) of the Investment Compar         es)         of Reporting Person <sup>*</sup> 2. Issuer Name and Ticker on Symbol EXPRESS-1 EXPEDITE SOLUTIONS INC [XPO rst) (Middle)         3. Date of Earliest Transaction (Month/Day/Year)         6 AVENUE,       06/02/2010         reet)         4. If Amendment, Date Origina Filed(Month/Day/Year)         VE, IL 60515         ate (Zip)         Table 1 - Non-Derivative any         Securition Date, if TransactionAcquirec any         /Day/Year)         (Zip)         Table 1 - Non-Derivative (Month/Day/Year)         Social A. Securi (Month/Day/Year)	Washington, D.C. 20549         STATEMENT OF CHANGES IN BENEFICIA SECURITIES         Filed pursuant to Section 16(a) of the Securities Fection 17(a) of the Public Utility Holding Compan 30(h) of the Investment Company Advised of Reporting Person <sup>1</sup> Issuer Name and Ticker or Tradi Symbol         EXPRESS-1 EXPEDITED SOLUTIONS INC [XPO]         (Middle)         International filed(Month/Day/Year)         GAVENUE,         Of 0/02/2010         Table 1 - Non-Derivative Securities VDay/Year)         VE, IL 60515         ate (Zip)         Table 1 - Non-Derivative Securities VDay/Year)         Securition Date, if TransactionAcquired (A) or any         Code         Jisposed of (D) (Month/Day/Year)         (A) or Code	Washington, D.C. 20549         STATEMENT OF CHANGES IN BENEFICIAL ON SECURITIES         Filed pursuant to Section 16(a) of the Securities Exchant Section 17(a) of the Public Utility Holding Company Act 30(h) of the Investment Company Act of 1         es)         of Reporting Person <sup>*</sup> 2. Issuer Name and Ticker or Trading Symbol EXPRESS-1 EXPEDITED SOLUTIONS INC [XPO]         rst       (Middle)       3. Date of Earliest Transaction (Month/Day/Year)         GAVENUE,       06/02/2010         Table 1 - Non-Derivative Securities A Securities 1/Day/Year)         VE, IL 60515         at (Zip)         Table I - Non-Derivative Securities A Securities 1/Day/Year)         (Month/Day/Year)       3. 4. Securities 1/Day/Year)         (A) Code Disposed of (D) (Month/Day/Year)	Washington, D.C. 20549         STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Of SECURITIES         Filed pursuant to Section 16(a) of the Securities Exchange Act of 1935 Section 17(a) of the Public Utility Holding Company Act of 1935 or Sec 30(h) of the Investment Company Act of 1940         es)         of Reporting Person <sup>±</sup> 2. Issuer Name and Ticker or Trading Symbol       5. Relationship Issuer         EXPRESS-1 EXPEDITED SOLUTIONS INC [XPO]       (C         rst)       (Middle)       3. Date of Earliest Transaction (Month/Day/Year)       —X_Director below)         Filed (Month/Day/Year)         AVENUE,         06/02/2010       6. Individual of -Form filed Person         Table 1 - Non-Derivative Securities Acquired, Dispose         Saction Date 2A, Deemed N/Day/Year)       3.       4. Securities Code       5. Amount of Securities any         (Zip)         Table 1 - Non-Derivative Securities Acquired, Dispose (A)         N/Day/Year)       3.       4. Securities Code       5. Amount of Securities Beneficially         (Month/Day/Year)       (Instr. 8) (Instr. 3, 4 and 5)       Owned (A)       Owned Transaction(s) (Instr. 3 and 4)	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES       Expires Estimat burden response         Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940       1935 or Section 30(h) of the Investment Company Act of 1940         ess)       of Reporting Person*       2. Issuer Name and Ticker or Trading Symbol       5. Relationship of Reporting Issuer         ess)       of Reporting Person*       2. Issuer Name and Ticker or Trading Symbol       5. Relationship of Reporting Issuer         rst)       (Middle)       3. Date of Earliest Transaction (Month/Day/Year)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address		Relationships						
		Director	10% Owner	Officer	Other			
Para Daniel 1430 BRANDING AVENUE, SUITE 155 DOWNERS GROVE, IL 60515		Х	Х					
Signatures								
/s/ Daniel Para	06/03/2010							
<u>**</u> Signature of	Date							

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The reporting person is the Manager of Daniel Para Investments, LLC. The number of shares set forth constitutes all of the shares of (1) common stock of Express-1 Expedited Solutions, Inc. held by Daniel Para Investments, LLC. The reporting person disclaims beneficial

ownership over the shares in which the reporting person does not have a pecuniary interest.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Person