

NEWFIELD EXPLORATION CO /DE/  
Form 4  
February 26, 2010

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
RICKMERS BRIAN L

2. Issuer Name and Ticker or Trading Symbol  
NEWFIELD EXPLORATION CO /DE/ [NFX]

5. Relationship of Reporting Person(s) to Issuer  
  
(Check all applicable)

(Last) (First) (Middle)  
363 N. SAM HOUSTON PKWY E,  
SUITE 100  
  
(Street)

3. Date of Earliest Transaction (Month/Day/Year)  
02/25/2010

\_\_\_\_ Director  
\_\_\_\_ Officer (give title below)  
\_\_\_\_ 10% Owner  
\_\_\_\_ Other (specify below)  
Controller & Asst Sec

HOUSTON, TX 77060

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
\_X\_ Form filed by One Reporting Person  
\_\_\_ Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
common stock					265	I	By 401k
common stock	02/25/2010		M		3,200	A	\$ 19.02 40,831
common stock	02/25/2010		M		2,000	A	\$ 16.53 42,831
common stock	02/25/2010		M		3,600	A	\$ 16.87 46,431
common stock	02/25/2010		M		2,400	A	\$ 16.25 48,831

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common stock	02/25/2010	M	4,800	A	\$ 16.6	53,631	D
common stock	02/25/2010	M	8,000	A	\$ 24.49	61,631	D
common stock	02/25/2010	S	24,000	D	\$ 50	37,631	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
employee stock option - right to buy	\$ 19.02	02/25/2010		M	3,200	02/09/2002 02/09/2011		common stock	3,200
employee stock option - right to buy	\$ 16.53	02/25/2010		M	2,000	05/03/2002 05/03/2011		common stock	2,000
employee stock option - right to buy	\$ 16.87	02/25/2010		M	3,600	02/07/2003 02/07/2012		common stock	3,600
employee stock option - right to	\$ 16.25	02/25/2010		M	2,400	08/14/2003 08/14/2012		common stock	2,400

