Breslin Sean J. Form 4 December 06, 2018

Check this box

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB APPROVAL** 

OMB 3235-0287 Number:

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if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to **SECURITIES** Section 16. Form 4 or Form 5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

obligations

1. Name and Address of Reporting Person \* Breslin Sean J.

2. Issuer Name and Ticker or Trading

Symbol

**AVALONBAY COMMUNITIES** INC [AVB]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

Director 10% Owner X\_ Officer (give title \_ Other (specify

12/03/2018

below) Chief Operating Officer

C/O AVALONBAY COMMUNITIES,

INC., BALLSTON TOWER, 671 N.

**GLEBE ROAD** 

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

ARLINGTON, VA 22203

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secu	rities Acqu	iired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, par value \$.01 per share	12/03/2018		M	3,100	A	\$ 130.23	39,076.2405 (1)	D	
Common Stock, par value \$.01 per share	12/03/2018		S	3,100	D	\$ 189.13 (2)	35,976.2405 (1)	D	
	12/03/2018		M	752	A			D	

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Common Stock, par value \$.01 per share					\$ 132.95	36,728.2405 (1)	
Common Stock, par value \$.01 per share	12/03/2018	F	525 (3)	D	\$ 190.71	36,203.2405 (1)	D
Common Stock, par value \$.01 per share	12/06/2018	S	266	D	\$ 188.5	35,937.2405 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	ive Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 130.23	12/03/2018		M	3,100	02/13/2014(4)	02/13/2023	Common Stock	3,100
Stock Option (Right to Buy)	\$ 132.95	12/03/2018		M	752	02/16/2013(5)	02/16/2022	Common Stock	752

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			

Reporting Owners 2

Breslin Sean J. C/O AVALONBAY COMMUNITIES, INC. BALLSTON TOWER, 671 N. GLEBE ROAD ARLINGTON, VA 22203

Chief Operating Officer

### **Signatures**

Catherine T. White, as attorney-in-fact under Power of Attorney dated May 26, 2009

12/06/2018

\*\*Signature of Reporting Person

Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.
- This transaction was executed in multiple trades at prices ranging from \$189.11 to \$189.22. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (3) Reflects shares swapped via a stock swap option exercise to cover the exercise price of the options.
- (4) The options exercised were included in options granted under the issuer's Second Amended and Restated 2009 Equity Incentive Plan on 02/13/2013, which became exercisable in three equal annual installments beginning on 02/13/2014.
- (5) The options exercised were included in options granted under the issuer's Second Amended and Restated 2009 Equity Incentive Plan on 02/16/2012, which became exercisable in three equal annual installments beginning on 02/16/2013.
- (6) Following the reported transaction, the reporting person holds a total of 1,544 options to purchase the issuer's common stock. The options were granted on 2/13/2013 with an exercise price of \$130.23, which vested in three equal installments beginning 2/13/2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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