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WATT JAMI	ES A											
Form 4 December 05	2017											
									OMB A	PPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								3235-0287				
Check this if no long subject to Section 16 Form 4 or Form 5 obligation may conti <i>See</i> Instru 1(b).	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Section of the Investment Company Act of 1940						January 31 Expires: 2009 Estimated average burden hours per response 0.9					
(Print or Type R	esponses)											
1. Name and Address of Reporting Person <u>*</u> WATT JAMES A			2. Issuer Name and Ticker or Trading Symbol HELIX ENERGY SOLUTIONS GROUP INC [HLX]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 3505 W SAM HOUSTON PARKWAY N., SUITE 400			3. Date of Earliest Transaction (Month/Day/Year) 12/04/2017					X_Director10% Owner Officer (give titleOther (specify below) below)				
HOUSTON,	(Street) TX 77043	Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by C				int/Group Filing(Check One Reporting Person Iore than One Reporting		
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securi	ities Acc	uired, Disposed of	, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any	on Date, if	3. Transactic Code (Instr. 8)	on(A) or Di (D)	ispose	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership 7. Nature of Form: Direct Indirect D) or Beneficial ndirect (I) Ownership Instr. 4) (Instr. 4)			
Common Stock	12/04/2017			Code V F	Amount 1,140 (1)	(D) D	Price \$ 6.92	(Instr. 3 and 4) 147,055	D			
Common Stock	12/04/2017			F	3,751 (1)	D	\$ 6.92	143,304	D			
Common Stock	12/04/2017			F	2,083 (1)	D	\$ 6.92	141,221	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Securi (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
WATT JAMES A 3505 W SAM HOUSTON PARKWAY N. SUITE 400 HOUSTON, TX 77043	Х						
Signatures							
/s/ Alisa B. Johnson by power of attorney	12/05/	2017					
**Signature of Reporting Person	Dat	e					
Explanation of Response	s:						

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These shares were forfeited to satisfy tax obligations related to the vesting of the reporting person's restricted stock award.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.