INGLES MARKETS INC

Form 4

February 10, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

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January 31, 2005

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and A INGLE ROL	2. Issuer Name and Ticker or Trading Symbol INGLES MARKETS INC [IMKTA]					TA]	5. Relationship of Reporting Person(s) to Issuer				
(Last) (First) (Middle) 2913 US HIGHWAY 70 WEST			3. Date of Earliest Transaction (Month/Day/Year) 02/06/2015					-	(Check all applicable) _X_ Director _X_ 10% Owner _X_ Officer (give title Other (specify below) Chairman & CEO		
BLACK MO	(Street)	28711	4. If Ame Filed(Mon	· ·		e Original			6. Individual or Jo Applicable Line) _X_ Form filed by M Person		rson
(City)	(State)	(Zip)	Tabl	e I - Non-	De	erivative Se	curiti	es Acqı	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)) Execution any		3. Transact Code (Instr. 8)	ior)	4. Securitie (A) or Disp (Instr. 3, 4)	osed c	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Class A Common Stock	02/06/2015			M		130,874	A	\$0	130,874	D	
Class A Common Stock									114,332	I	By Profit Sharing Plan Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Class B Common Stock	<u>(2)</u>	02/06/2015		M		130,874	(2)	(2)	Class A Common Stock	130,874
Class B Common Stock	(2)						(2)	(2)	Class A Common Stock	3,337,531
Class B Common Stock	<u>(2)</u>						(2)	(2)	Class A Common Stock	2,131,119
Class B Common Stock	(2)						(2)	(2)	Class A Common Stock	442,892
Class B Common Stock	(2)						<u>(2)</u>	<u>(2)</u>	Class A Common Stock	24,076

Reporting Owners

Reporting Owner Name / Address	Relationships							
Troporting of the France of France of	Director	10% Owner	Officer	Other				
INGLE ROBERT P II 2913 US HIGHWAY 70 WEST BLACK MOUNTAIN, NC 28711	X	X	Chairman & CEO					
Signatures								

Ronald B. Freeman, as attorney-in-fact

ttorney-in-fact 02/10/2015

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The shares are held by Ingles Markets Inc. Investment/Profit Sharing Plan Trust (the "Profit Sharing Plan Trust"), of which the reporting person was appointed a trustee on May 10, 2011. The reporting person shares voting and dispositive power with the two other trustees of the Profit Sharing Plan Trust with respect to such shares.
- (2) Class B Common Stock is convertible into Class A Common Stock at any time on a one-for-one basis, and has no expiration date.
- (3) Includes 300,570 shares previously held by the Laura Ingle Trust, as defined in footnote (5).
 - The shares are held by Robert P. Ingle, Sr. Administrative Trust UTA Robert Pierce Ingle Living Trust dated December 24, 2010 (the
- (4) "Marital Trust"), which was created by Robert P. Ingle, Sr. for estate planning purposes on December 24, 2010. The reporting person is the sole trustee of the Marital Trust with sole voting and dispositive power with respect to such shares.
 - The shares are held by Laura Anne Laxton Ingle 2011 Irrevocable Trust dated September 8, 2011 (the "Laura Ingle Trust"), which was
- (5) created by Laura Ingle for estate planning purposes on September 8, 2011. The reporting person is the sole trustee of the Laura Ingle Trust with sole voting and dispositive power with respect to such shares.
- (6) The shares are held by the reporting person's spouse as custodian for the minor children of the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.